Fibrillation atriale Une maladie musculaire?



- Man, 75 year old, hypertension (3 anti-hypertension drugs)
- Permanent atrial fibrillation. Pace maker for atrioventricular block. Moderate left ventricular dysfonction (LVEF 45%).
- Anticoagulants? ChadsVasc-2 score : 3
 - Oui ?
 - Non?

- Man, 75 year old, hypertension (3 anti-hypertension drugs)
- Permanent atrial fibrillation. Pace maker for atrioventricular block. Moderate left ventricular dysfonction (LVEF 45%).
- Anticoagulants? Chads 2 score : 3
- No stroke after 15 years of follow-up

- Boy, 10 years old. Atrial flutter, sinus dysfonction
- SCN5a variant
 - Anticoagulants?
 - Yes?
 - No?

- Boy, 10 years old. Atrial flutter, sinus dysfonction
- SCN5a variant
 - Anticoagulants

Chads Vasc 2 score : 0



Woman, 60 years old, sinus node dysfunction and atrial fibrillation. Anticoagulants?



- Anticoagulation Yes?
- No?

Woman, 60 years old, sinus node dysfunction and atrial fibrillation. Anticoagulants?



Myopathie atriale



Dysfonction ventriculaire gauche occulte



Dysfonction ventriculaire gauche occulte



Substrat génétique



NGS sequencing platform for molecular diagnosis, Hospices Civils de Lyon

Résultats : 64447 variations (17 variants pathogènes)

Gene	Chr	Exon	Patient	Type FA	Coord. Cdna	Coord. Protéique		dbSNP	PolyPhen- 2: score	PolyPhen-2: commentaire	Align GVGD	SIFT	Mutation Taster	1000 Genomes	Validé	ESP	MAF/Mi norAllele Count
АКАР9	7	46	6211-1	perm	c.11229G>A	p.Met3743Ile	M3743I	rs143306820	0,998	PROBABLY DAMAGING	Class C0 (GV: 0.00 - GD: 10.12)	Delerer CC (scorre: 0, medium: 3,98)	nfirming (p-valuenat	tion ^x par	X		0.002/0
ABCC8	11	32	2115-1	parox	c.3941G>A	p.Arg1314His	R1314H	rs372153432	1,000	PROBABLY DAMAGING	Class C25 (GV: 0.00 - GD: 28.82)	Del sterilor (s ore: 0, mecian Séo	age bac	ctérienn	SANG e	ER. et.s T=0.00% tfrs Am.: T=0.02%	OUs₄
DES	2	3	2510-1	persist puis parox	c.665G>A	p.Arg222His	R222H	rs367961979	0,970	PROBABLY DAMAGING	Class C25 (GV: 0.00 - GD: 28.82)	Delecterious (score: 0, median: 4.32)	disease clusion (p-value: 1)	e des gè	ènes c	Eur. Am.: A=0.02% - Afr.	N/A
DSG2	18	6	6198-1	perm	c.566C>T	p.Pro189Leu	P189L		1,000	PROBABLY DAMAGING	Class C65 (GV: 0.00 - GD: 97.78)	Deleterious (score: 0, median: 3.57)	disease causing (p-value: 1)			- Iqui	es
DSP	6	2	2126-1	parox	c.242G>A	p.Cys81Tyr	C81Y	rs140965835	0,995	PROBABLY DAMAGING	Class C0 (GV: 213.42 - GD: 82.85)	Deleterious (score: 0, median: 4.32)	disease causing (p-value: 1)		х	Eur. Am.: A=0.05% - Afr. Am.: A=0.00%	N/A
DSP	6	23	2235-1	parox	c.3550C>T	p.Arg1184Trp	R1184W		1,000	PROBABLY DAMAGING	Class C65 (GV: 0.00 - GD: 101.29)	Deleterious (score: 0, median: 4.32)	disease causing (p-value: 1)				
DSP	6	24	4464-1	perm	c.7981A>T	p.lle2561Phe	I2661F		1,000	PROBABLY DAMAGING	Class C0 (GV: 234.72 - GD: 21.28)	Deleterious (score: 0, median: 4.32)	disease causing (p-value: 1)				
DSP	6	24	4464-1	perm	c.7997G>A	p.Gly2666Asp	G2666D		1,000	PROBABLY DAMAGING	Class C0 (GV: 206.04 - GD: 82.83)	Deleterious (score: 0, median: 4.32)	disease causing (p-value: 1)				
FHOD3	18	7	2095-1	parox	c.614T>C	p.Leu205Pro	L205P		1,000	PROBABLY DAMAGING	Class C0 (GV: 144.08 - GD: 0.00)	Deleterious (scor 0.04, median: 3.53)	e: disease causing (p-value: 1)				
FHOD3	18	8	1885-1	parox	c.776C>T	p.Thr259Met	T259M		1,000	PROBABLY DAMAGING	Class C0 (GV: 215.24 - GD: 59.13)	Deleterious (scor 0, median: 3.52	e: disease causing (p-value: 1)	:			
GATA5	20	3	2300-1	parox	c.616G>A	p.Gly206Ser	G206S		1,000	PROBABLY DAMAGING	Class C55 (GV: 0.00 - GD: 55.27)	Deleterious (scor 0, median: 3.34	e: disease causing (p-value: 1)				
JPH2-Int	20	2	4162-1	perm	c.764C>T	p.Ser255Leu	S 255L		1,000	PROBABLY DAMAGING	Class C25 (GV: 57.75 - GD: 92.35)	Deleterious (scor 0.01, median: 3.63)	e:				
LTBP2	14	33	2103-1	perm	c.4877C>T	p.Pro1626Leu	P1626L	rs1412304	98 1,000	PROBABLY DAMAGING	Class C65 (GV: 0.00 - GD: 97.78)	Deleterious (scor 0, median: 4.32	e: disease causing (p-value: 0.979)		х	Eur. Am.: A=0.00% - Afr. Am.: A=0.05%	N/A
LTBP2	14	35	4641-2	persist	c.5224G>A	p.Gly1742Ser	G1742S		1,000	PROBABLY DAMAGING	Class C55 (GV: 0.00 - GD: 55.27)	Deleterious (scor 0, median: 4.32	e: disease causing (p-value: 1)				
MMP9	20	3	2186-1	parox	c.427C>T	p.Arg143Cys	R143C		1,000	PROBABLY DAMAGING	Class C35 (GV: 56.64 - GD: 154.23)	Deleterious (scor 0, median: 2.90	e: disease causing (p-value: 1)				
MYOZ1	10	3	1875-1	parox	c.167G>C	p.Gly56Ala	G56A	rs2009454	52 1,000	PROBABLY DAMAGING	Class C55 (GV: 0.00 - GD: 60.00)	Deleterious (scor 0, median: 3.58	e: disease causing (p-value: 1)				N/A
TMEM43	3	5	2691-1	parox	c.424G>A	p.Glu142Lys	E142K	rs1456199	06 1,000	PROBABLY DAMAGING	Class C15 (GV: 44.60 - GD: 56.87)	Deleterious (scor 0.03, median: 3.37)	e: disease causing (p-value: 1)	х	х	Eur. Am.: A=0.15% - Afr. Am.: A=0.09%	0.001/0

Oreillette gauche

Tableau 1	Paramètres volumiques de la fonction atriale (1)					
Fonction globale; réservoir	FEOG	[(LAmax- LAmin)/LAmax]				
Fonction réservoir	Index d'expansion	[(LAmax- LAmin)/LAmin]	230 ± 150 %			
Conduit	Fraction d'éjection passive	[(LAmax-LApre- A)/LAmax]	44 ± 15%			
Fonction pompe	Fraction d'éjection active	[(LApre-A- LAmin)/LApre-A]	40 ± 12%			





Oreillette gauche





Oreillette gauche

• Le remodelage atrial: La fibrose



1. Oakes, R.S., et al., Detection and quantification of left atrial structural remodeling with delayed-enhancement magnetic resonance imaging in patients with atrial fibrillation. Circulation, 2009.

Thrombus intra-atrial



Risque embolique et Fibrillation atriale?



Un même traitement?

Absence de schéma optimal de stratification du risque



Stroke Risk in Atrial Fibrillation Working Group, Stroke 2008;39:1901-1910

Variabilité du risque d'AVC



Dissociation temporelle entre FA et AVC









Myopathie atriale













241 patients avec AVC versus 798 patients contrôles à partir d'une cohorte de 3567 patients









Rôle de l'échocardiographie trans-oesophagienne





Micro thrombus







Myopathie atriale : fibrose, Thrombogénicité...





Thrombus mural



Expression de F vW

Cardiomyopathie Hypertrophique : AVC 1 % par an Fibrillation atriale absente dans 50% des cas



Modèle expérimental de thrombus intra-atrial gauche *sans* fibrillation atriale



Modèle expérimental de thrombus intra-atrial gauche *sans* fibrillation atriale



Fibrillation atriale Une maladie musculaire



Fibrillation atriale Une maladie (neuro) musculaire



350



Octagénaire, normotendu



Extra Systole Atriale



Préciser le substrat Au-delà du score CHADS2-VASC



Les Fibrillations Atriales





ARREST-AF study

38 876 patients avec fibrillation atriale sans cardiopathieRôle de la pression artérielle systolique

Systolic Blood Pressure (mmHg)



Conen, D. et al. Circulation 2009;119:2146-2152

Anticoagulation?

"Dirty" P-waves



Myopathie Atriale

"Sluggish" left atrium



Biomarqueurs Biologie moléculaire

W. Anné et al. Heart. 2004 Sep; 90(9): 1025–1030.

- Homme, 68 ans hypertendu (3 médications antihypertensives, statines, IEC, activité physique)
- Fibrillation atriale permanente puis 3 ans après bloc atrio-ventriculaire. PM monochambre.
- Anticoagulants?

- Garçon, 10 ans. Flutter atrial, dysfonction sinusale
- Variant sur le gène SCN5A
 - Anticoagulation?

Femme, 60 ans, dysfonction sinusale et fibrillation atriale permanente





RESEARCH ARTICLE

Α

Left atrial volu

Quratulain Shaikh¹, Bilal Ahmed² Farzin Majeed¹, Fariha Sadiq Ali⁵

	stroke
LAVi [*]	33.4
ml/m ²	
LAD [#]	36
mm	
LVMi ^ß	80.9
gm/m²	

В

С

en Access

otypes

Ahmed⁴,



Anticoagulation après ablation : Décision probabiliste



"Charge" de FA



Essais en cours : TACTIC AF, OAT Pilot study, CABANA, EAST trial....

ROCKET AF trial FA paroxystique et embolie cérébrale



38 876 patients avec fibrillation atriale sans cardiopathieRôle de la pression artérielle systolique

Systolic Blood Pressure (mmHg)



Conen, D. et al. Circulation 2009;119:2146-2152

Le volume atrial seul n'est pas prédicteur de thrombus ou de contraste spontané

	Univariate analysis					Multivariate analysis		
	OR	95%Cl	Р	OR	95%Cl	Р	Wald	Hosr
BMI \geq 26.9 kg/m ²	0.3	0.1-1.0	0.049	-	-	-	-	
AF episode duration ≥ 1 month	13.3	1.7-106.5	0.003	13.3	1.5-119.6	0.021	5.3	
Indexed LAV \geq 45.2 mL/m ²	3.4	1.0-11.6	0.044	-	-	-	-	
Av. peak positive strain rate $\leq 1.01 \ (s^{-1})$	6.3	1.9-20.9	0.001	-	-	-	-	
Av. Peak negative strain rate ≥ -1.33 (s ⁻¹)	21.7	2.7-173.9	<0.001	21.5	2.5-186.1	0.005	7.7	
Av. Peak-to-peak strain rate ≤ 2.02 (s ⁻¹)	12.1	3.5-42.3	<0.001	-	-	-	-	
SD time-to-peak positive strain ≥ 101.3 ms	3.6	1.1-11.6	0.026	3.8	0.9-15.1	0.062	3.5	
			Constant	0.01	-	0.002	16.2	

CHADS₂

Oreillette gauche et Fibrillation atriale Milieu thrombogénique Rôle du sludge

Clinical and echocardiographic features of patients with $CHADS_2$ score 0 and left atrial or left atrial appendage thrombus or sludge

Age (yrs)	Gender	LVEF (%)	Other Condition	Sludge or Thrombus
44	М	50	Ventricular septal defect repair	Thrombus
47	Μ	40	Hypertrophic cardiomyopathy	Sludge
53	F	50	Postural orthostatic tachycardia	Thrombus
60	Μ	55	Mitral valve prolapse*	Thrombus
61	F	55	Breast cancer	Thrombus
72	Μ	45	Severe atherosclerotic disease	Thrombus

Rôle de l'échocardiographie trans-oesophagienne



Risque embolique et Fibrillation atriale?



Un même traitement?

CHADS 2 : 0/1 Contraste spontané : 8%



Risque embolique et Fibrillation atriale?



Un même traitement?

HATCH Score et Progression de la fibrillation atriale 5333 patients



de Vos, C. B. et al. J Am Coll Cardiol 2010;55:725-731



Mean Values	Cardioembolic stroke	Atherothrombotic stroke	P value
LAVi [*]	33.4	30	<.00
ml/m²			
LAD [#]	36	35	<.05
mm			
LVMi ^ß	80.9	76	<.05
gm/m²			



Outcome*	Model 1†	Model 2‡		
Any ischemic stroke	1.24 (1.07–1.42)	1.21 (1.04–1.39)		
Ischemic stroke subty	pes			
Cryptogenic or cardioembolic	1.31 (1.10–1.55)	1.28 (1.07–1.53)		
Cryptogenic	1.29 (0.99–1.68)	1.25 (0.95–1.65)		
Cardioembolic	1,32 (1.07–1.62)	1.30 (1.05–1.62)		
Noncardioembolic	1.14 (0.94–1.40)	1.12 (0.92–1.37)		
Sensitivity analyses				

Excluding patients with any atrial fibrillation

Any ischemic stroke

Cryptogenic or cardioembolic

Cryptogenic

Cardioembolic

Noncardioembolic

Etudes autopsiques

- ✓ Masawa et al Virchows Archiv 1993 « Il n'est pas rare de ne pas trouver de thrombus »
- ✓ Dans 81 % des cas œdème et épaississement fibreux de l'endothélium.



Perspectives





* Exploration fonctionnelle des variants









•Culture Cellulaire : cardiomyocytes



La ou les fibrillations atriales?

