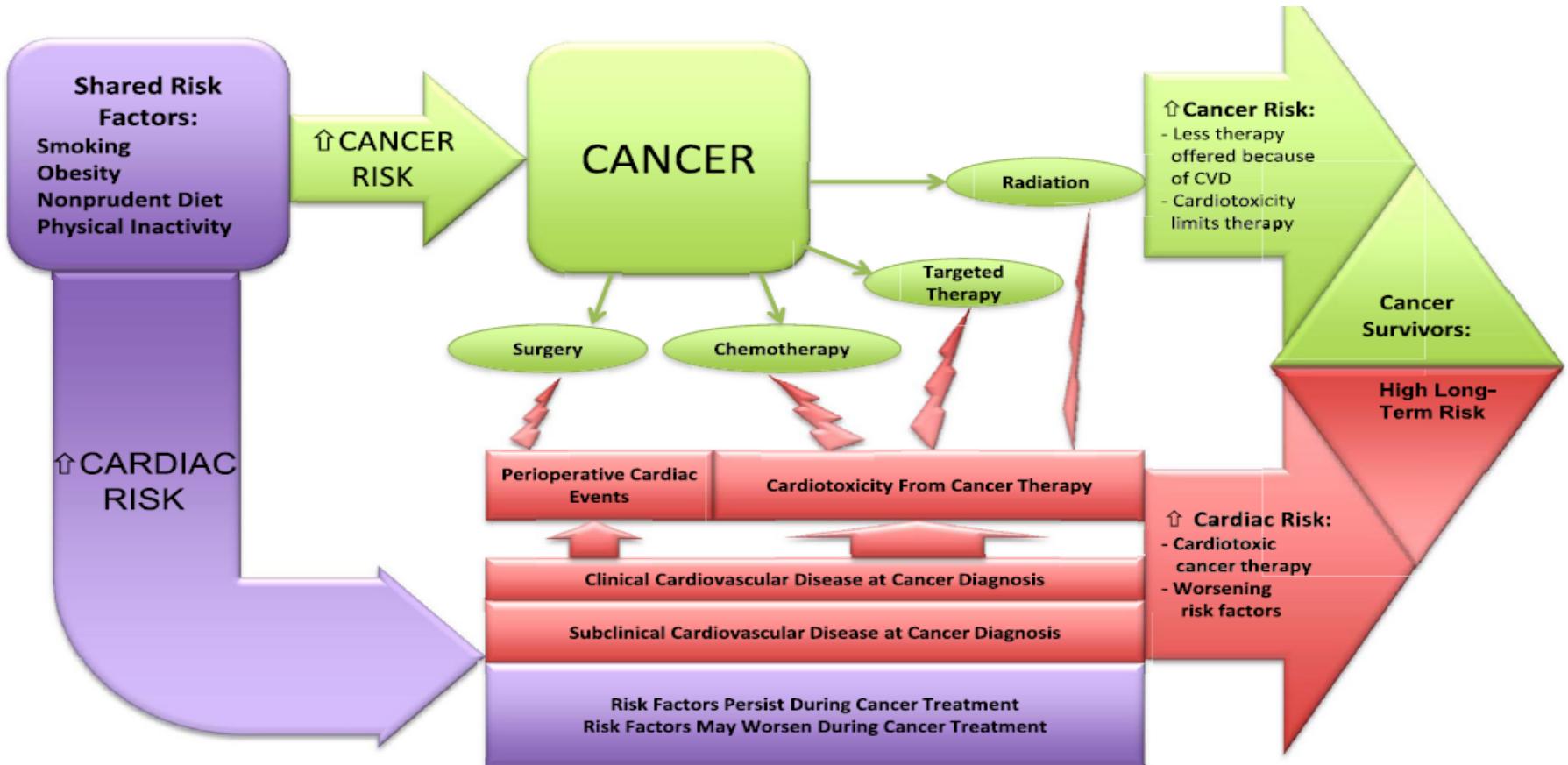


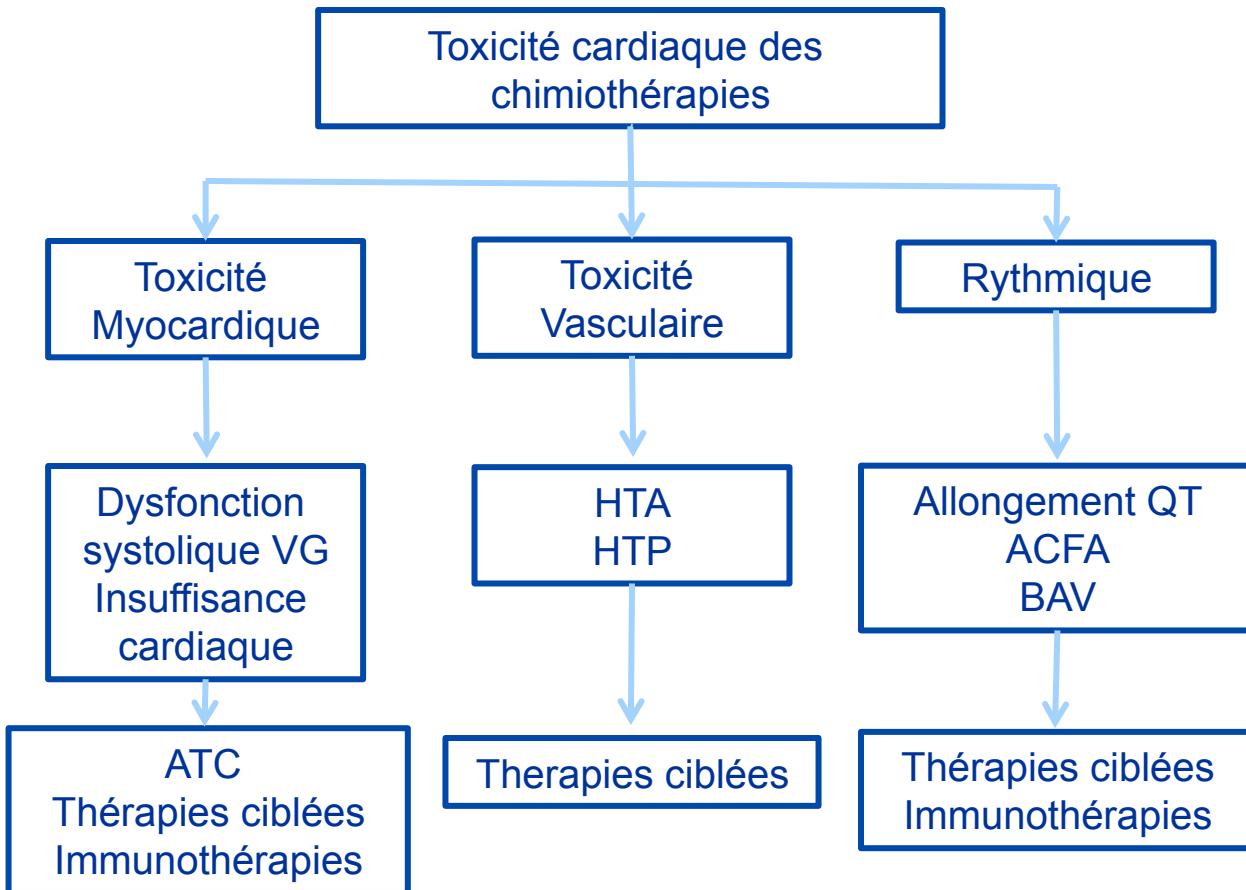
# **Toxicité cardiaque des chimiothérapies**

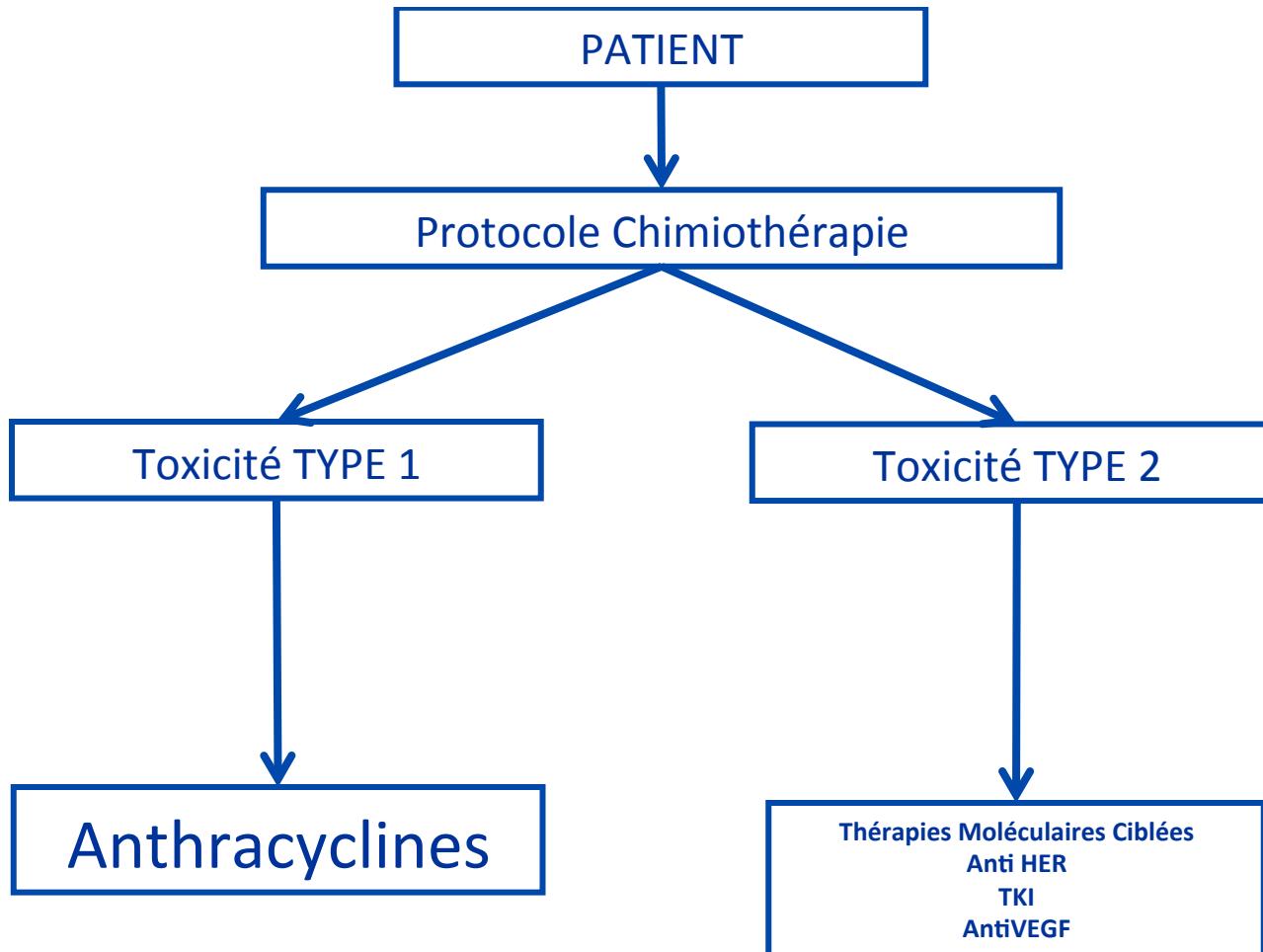
**Amicale des Cardiologues de la cote d'Azur**

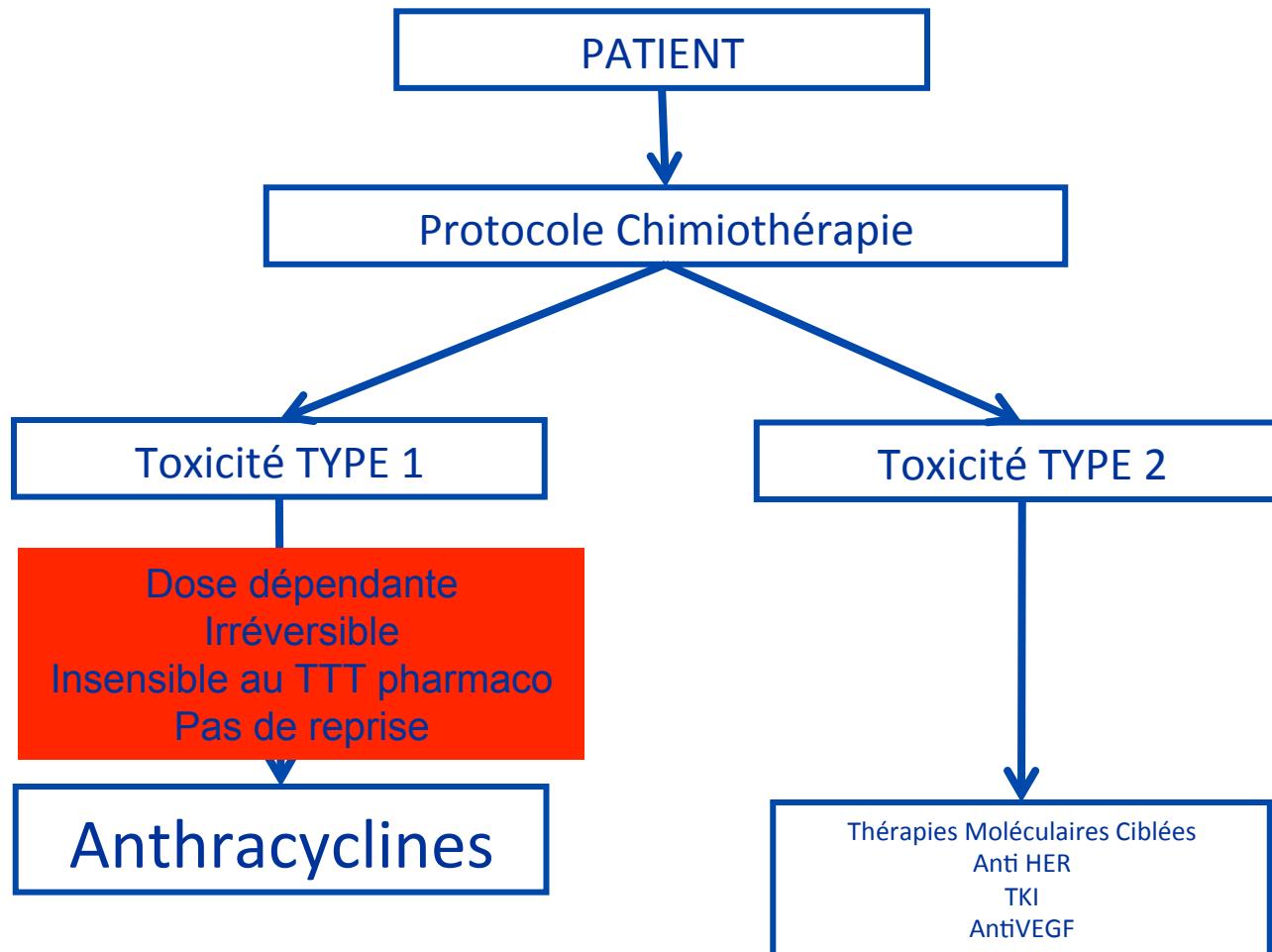
**06 Novembre 2018**

**Stéphane Ederhy**  
**Unité de cardio-oncologie APHP.6**  
**Hôpital Saint-Antoine, Paris**







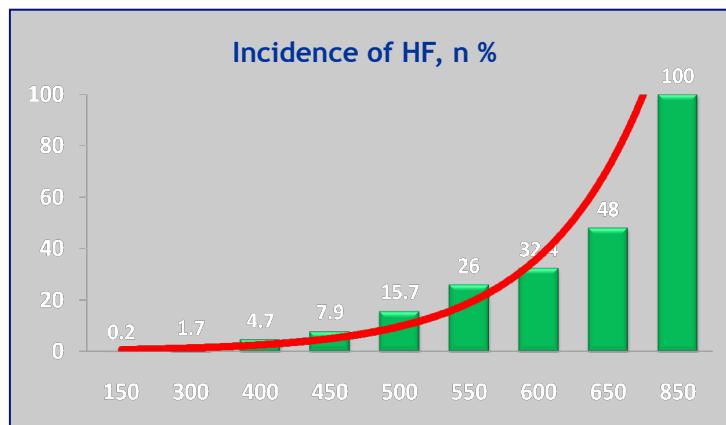


# Review and meta-analysis of incidence and clinical predictors of anthracycline cardiotoxicity

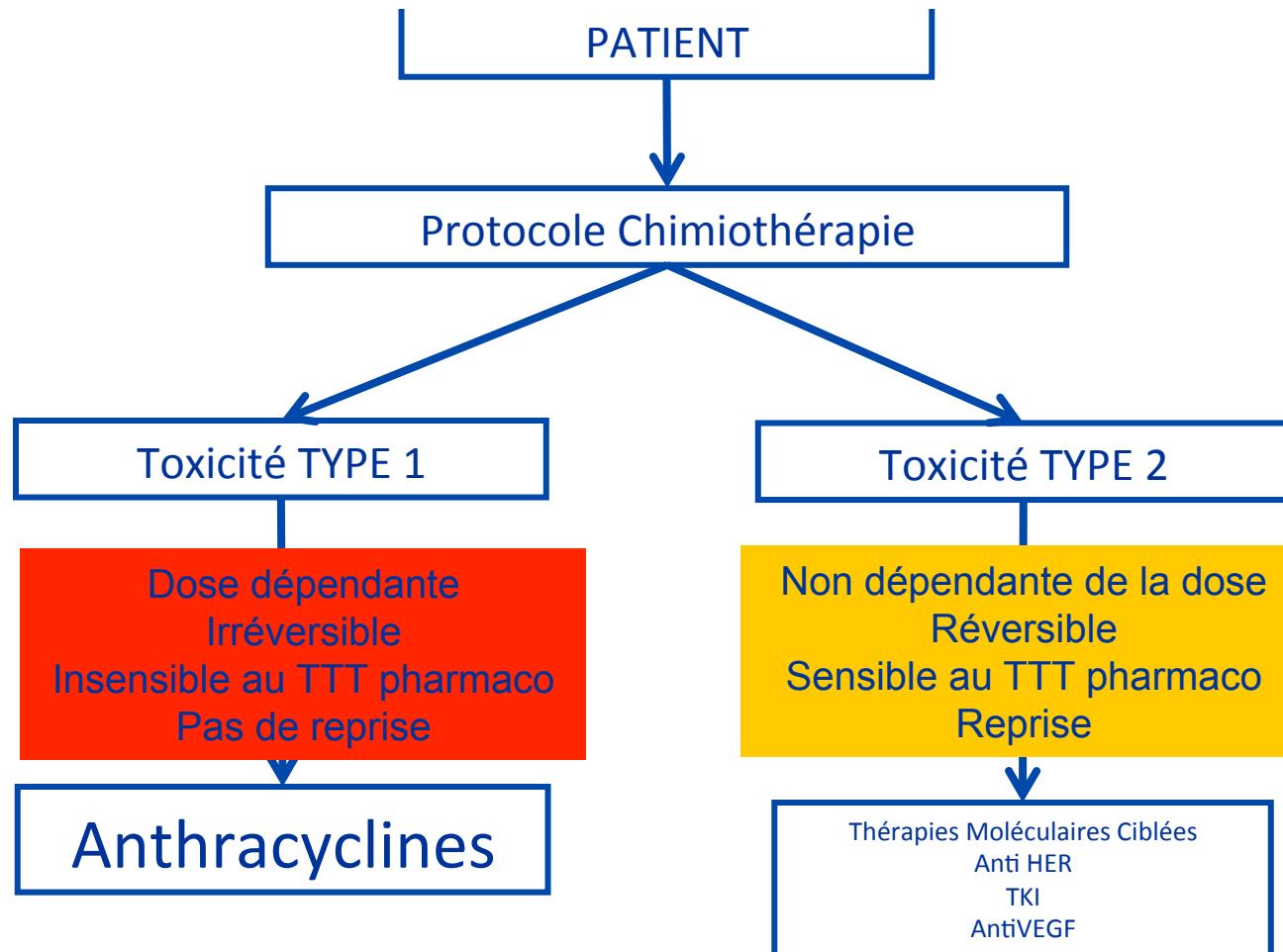
18 studies, 49 107 cancers patients  
Median FU : 9 years

Clinically overt HF  
**6 % (95 % CI 3 to 9 %)**

Sub Clinical cardiotoxicity  
**18 % (95 % CI 12 to 24 % )**



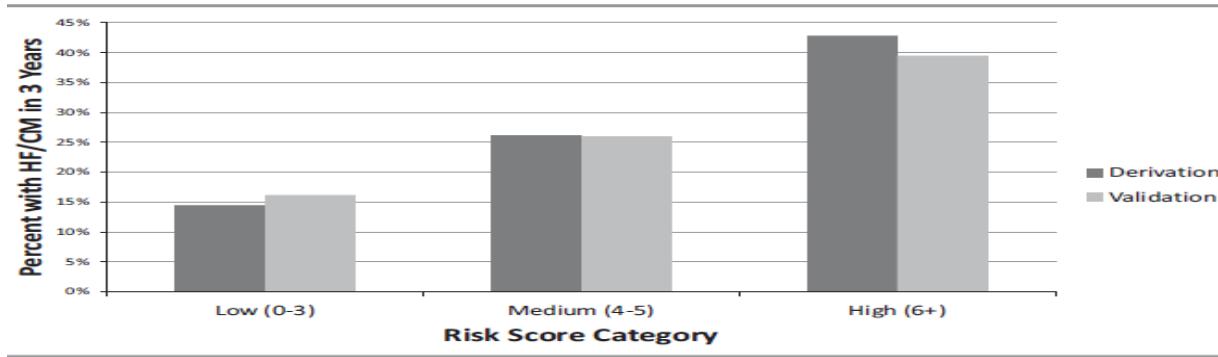
Predictors of cardiotoxicity
Chest Radiotherapy
African-american ethnicity
Very Young or very Old age
Diabetes, Hypertension
Very High or very low BMI
Severe co morbidities

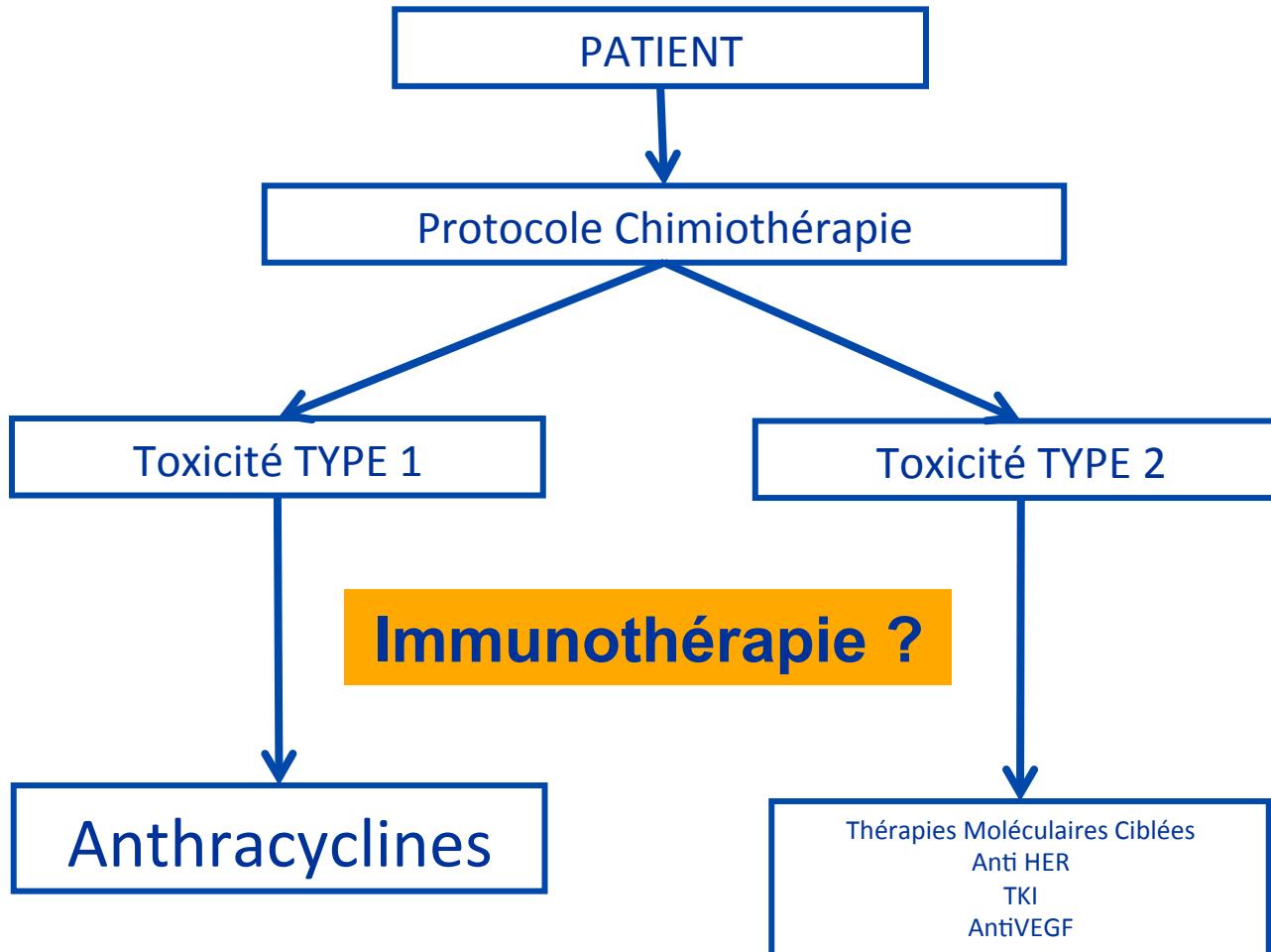


## Risk Prediction Model for Heart Failure and Cardiomyopathy After Adjuvant Trastuzumab Therapy for Breast Cancer

### 3-year cumulative HF/CM by risk score category

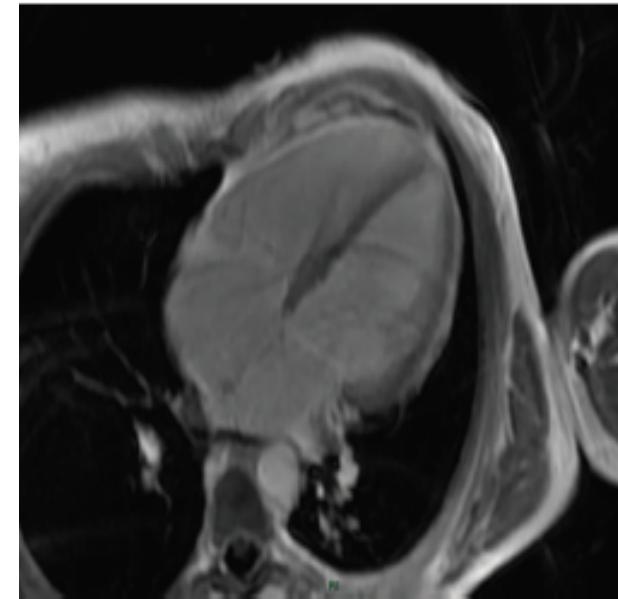
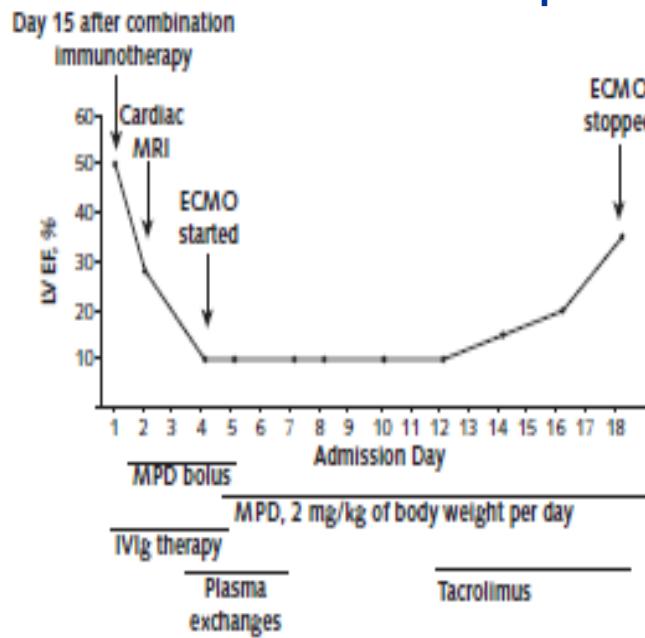
Risk Factor	Hazard Ratio (95% Confidence Interval)	Regression Coefficient	P Value	Points Assigned
<b>Adjuvant therapy</b>				
Anthracycline chemotherapy	1.93 (1.11 to 3.36)	0.66	0.020	2
Non-anthracycline chemotherapy	1.64 (0.99 to 2.73)	0.50	0.055	2
No identified chemotherapy	Reference	Reference		
<b>Age category, y</b>				
67 to 74	Reference	Reference		
75 to 79	1.36 (0.92 to 2.01)	0.31	0.125	1
80 to 94	2.04 (1.29 to 3.24)	0.71	0.003	2
<b>Cardiovascular conditions and risk factors</b>				
Coronary artery disease	2.16 (1.21 to 3.86)	0.77	0.009	2
Atrial fibrillation/flutter	1.69 (0.98 to 2.91)	0.53	0.058	2
Diabetes mellitus	1.50 (1.03 to 2.18)	0.41	0.034	1
Hypertension	1.44 (0.99 to 2.08)	0.36	0.054	1
Renal failure	1.99 (0.96 to 4.14)	0.69	0.065	2



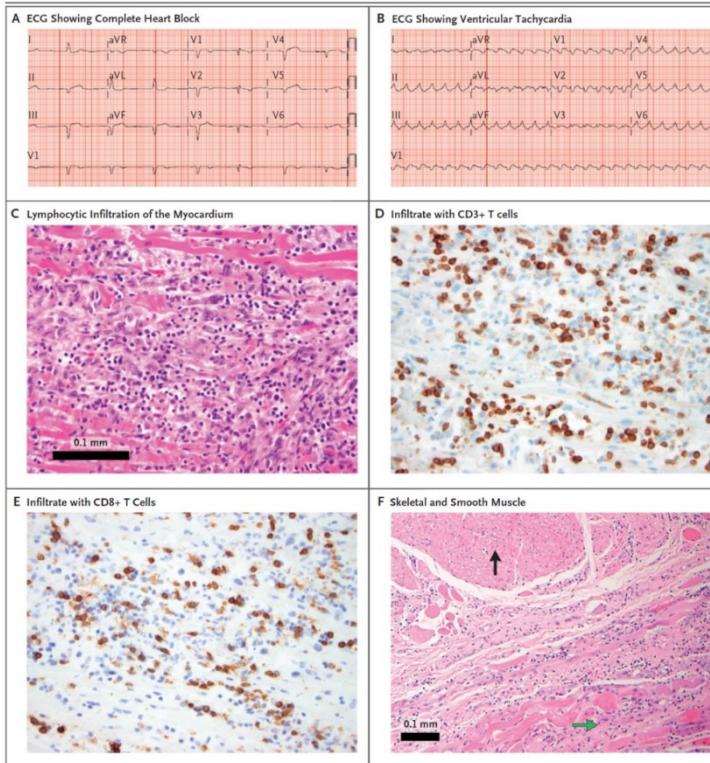


Adapté de Plana J Am Soc Echocardiogr 2014;27:911-39

## Survival After Fulminant Myocarditis induced by Immune-checkpoints inhibitors

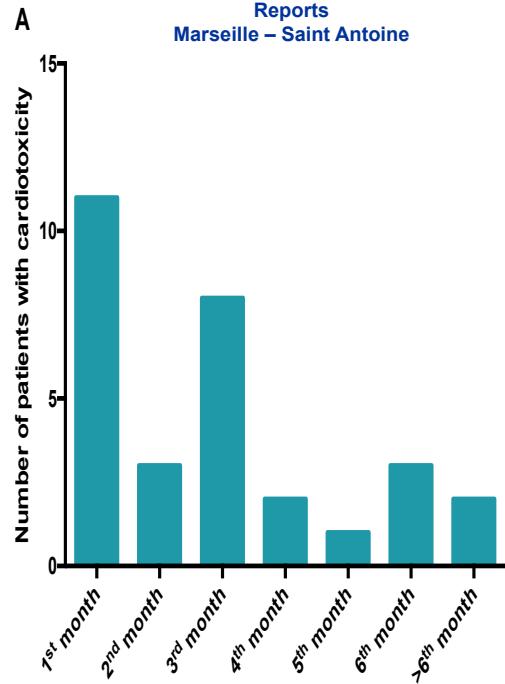


## Fulminant Myocarditis with Combination Immune Checkpoint Blockade



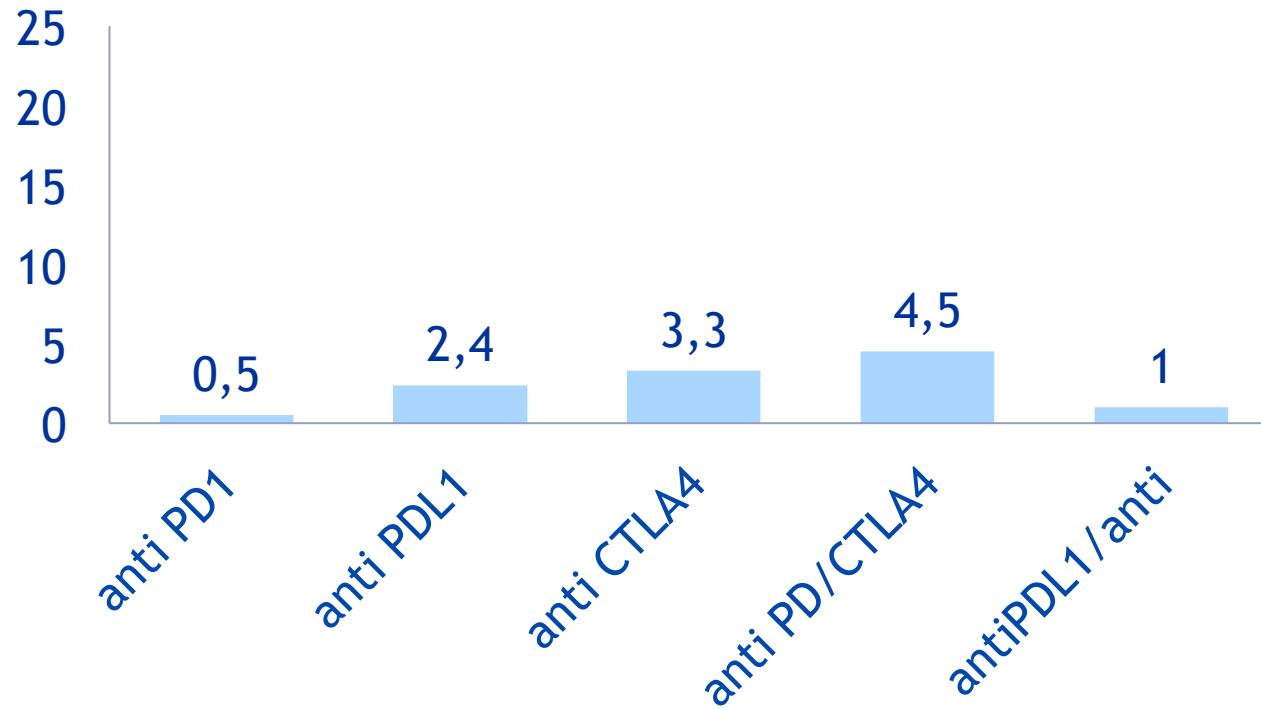
Johnson DB New Engl J Med 2016 ; 375 :  
1749-1755

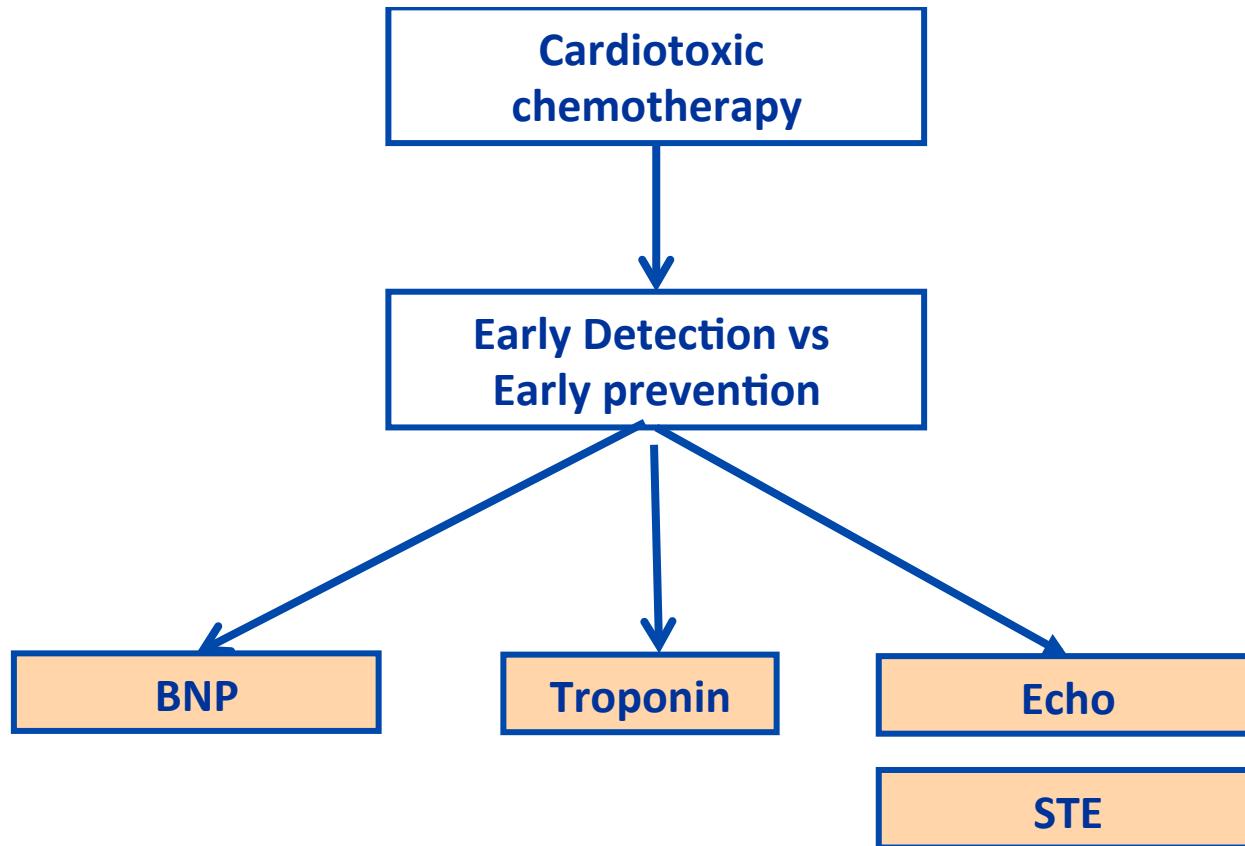
Immune Checkpoint Blockers-Related Cardiotoxicity:  
A Pooled Analysis of A New Case Series and Previous  
Reports  
Marseille – Saint Antoine



Escudier M, Circulation. 2017 ;136 : 2085-2087.

## Myocarditis in Patients Treated With Immune Checkpoint Inhibitors Myocarditis Incidence

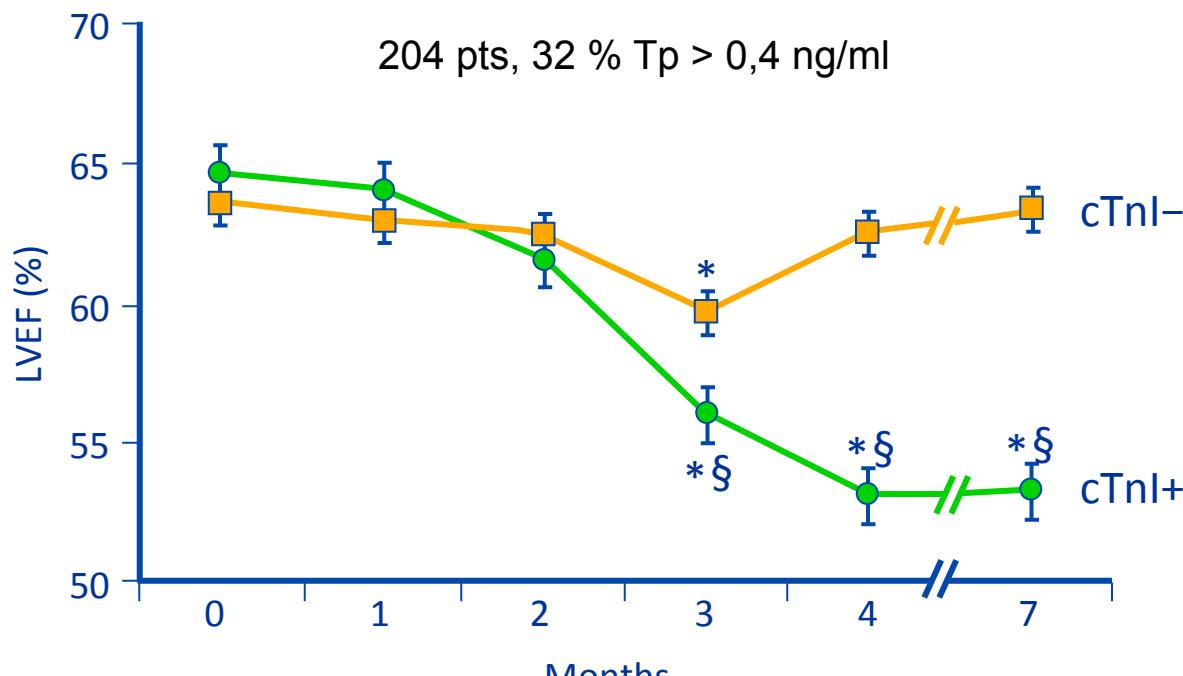




## Natriuretic peptides in the monitoring of anthracycline induced reduction in LVEF.

Author, year	Marker	Tumor / Chemo	Asym LVSD	Symp LVSD
Mercuro, 2007	BNP	Various/ATC	No association	No association
Dodes, 2008	NTpro BNP		No association	No association
Feola, 2011	BNP			Associated
Romano, 2011	NT proBNP, NHDC			LVEFdysfunction
Fallah-Rad,2011	Nt pro BNP	BC/ATC, TZM	No elevation	
Sawaya, 2012	NT pro BNP	BC/ATC, TZM		Not associated
Kittiwarawut, 2013	NT pro BNP	BC /ATC	FS	Not available
Drafts, 2013	BNP	BC, NHL, A ML	No association	No Association

## Left Ventricular Dysfunction Predicted By Early Troponin I Release

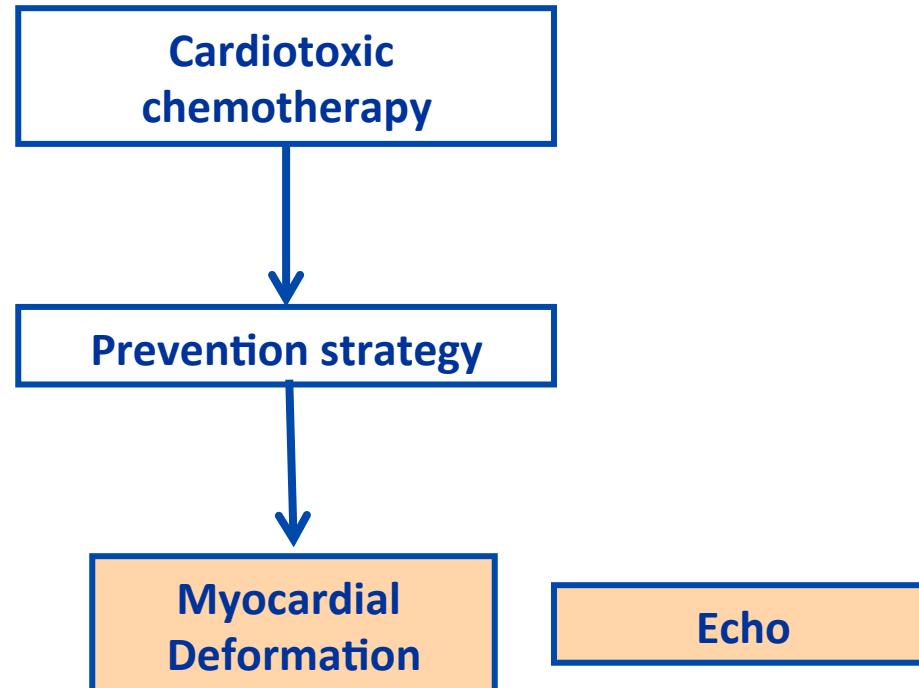


## Troponin and detection of cardiotoxicity

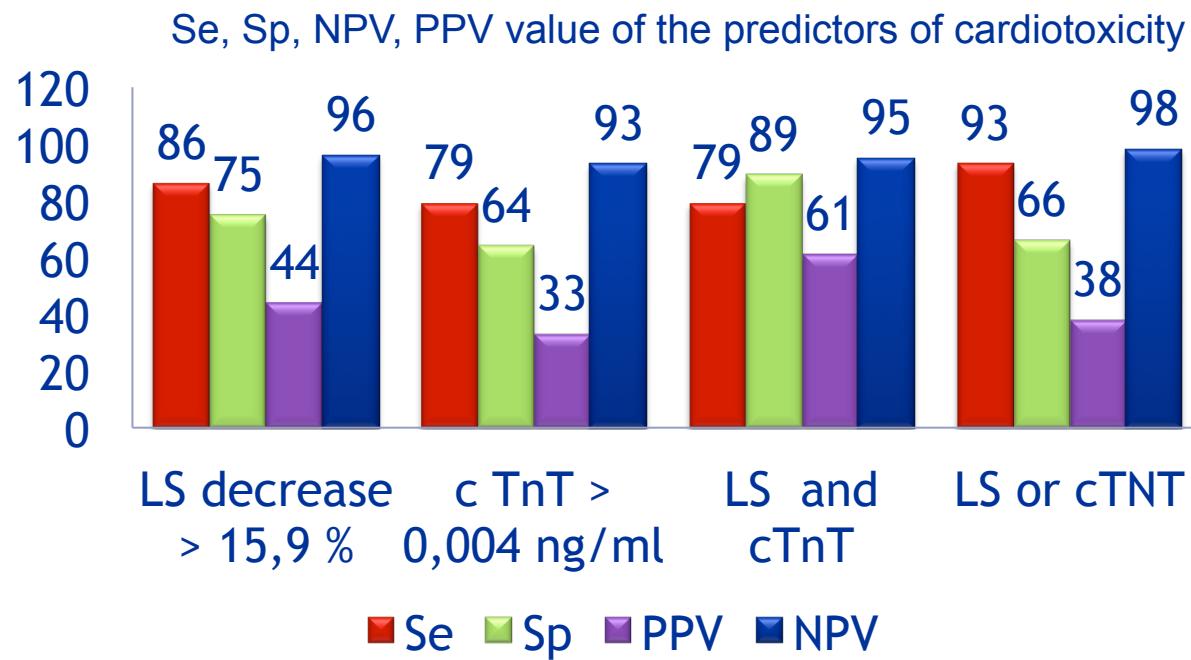
Author,year	Method, Cut off	Tumors / Chemo	% Tp > cut off	Main result
Cardinale, 2000	TnI, >0.4ng/ml	Various/ ATC	32 %	LVSD
Cardinale, 2002	TnI, >0.5ng/ml	BC/ATC	33%	LVSD
Sandri, 2003	TnI, 0.08micro/l	Various /ATC	32%	LVSD
Auner, 2003	TnT, $\geq$ 0.03ng/ml	Hemato /ATC	15 %	LVSD
Cardinale, 2004	TnI,, >0.08ng/ml	HDC/ATC	30 %	Cardiac events
Kilickap, 2005	TnT, >0.1ng/ml	/ATC	34 %	DD
Horacek, 2008	TnI or T, > 0.4ug/l	AL/ATC	17.4%	LVSD, HF
Mercuro, 2007	TnI			
Nistico, 2007	TnT,	BC/ATC	0%	No association with LVSD
Dodes, 2008	TnT	ATC	0 %	No association with LVSD
Cardinale, 2010	TnI,	BC/ATC,TZM	17%	LVSD
Fallah-rad,2011	Tnt, >0,01ug/l	BC/ATC, TZM	No elevation	No association with LVSD
Sawaya, 2012	TnUS, >30pg/ml	BC/ATC, TZM	33%	LVSD
Mornos, 2013	TnT,	NHL,HL/ATC	NA	No association with LVSD
Kittiwarawut,2013	TnT,	BC/ATC	NA	No association with LVSD
Drafts, 2013	TnI, >0.6ng/ml	BC/AL, Lymp	26 %	No association with LVSD
Romano,2012	TnI	N HDC	0%	No association with LVSD

## Secondary prevention

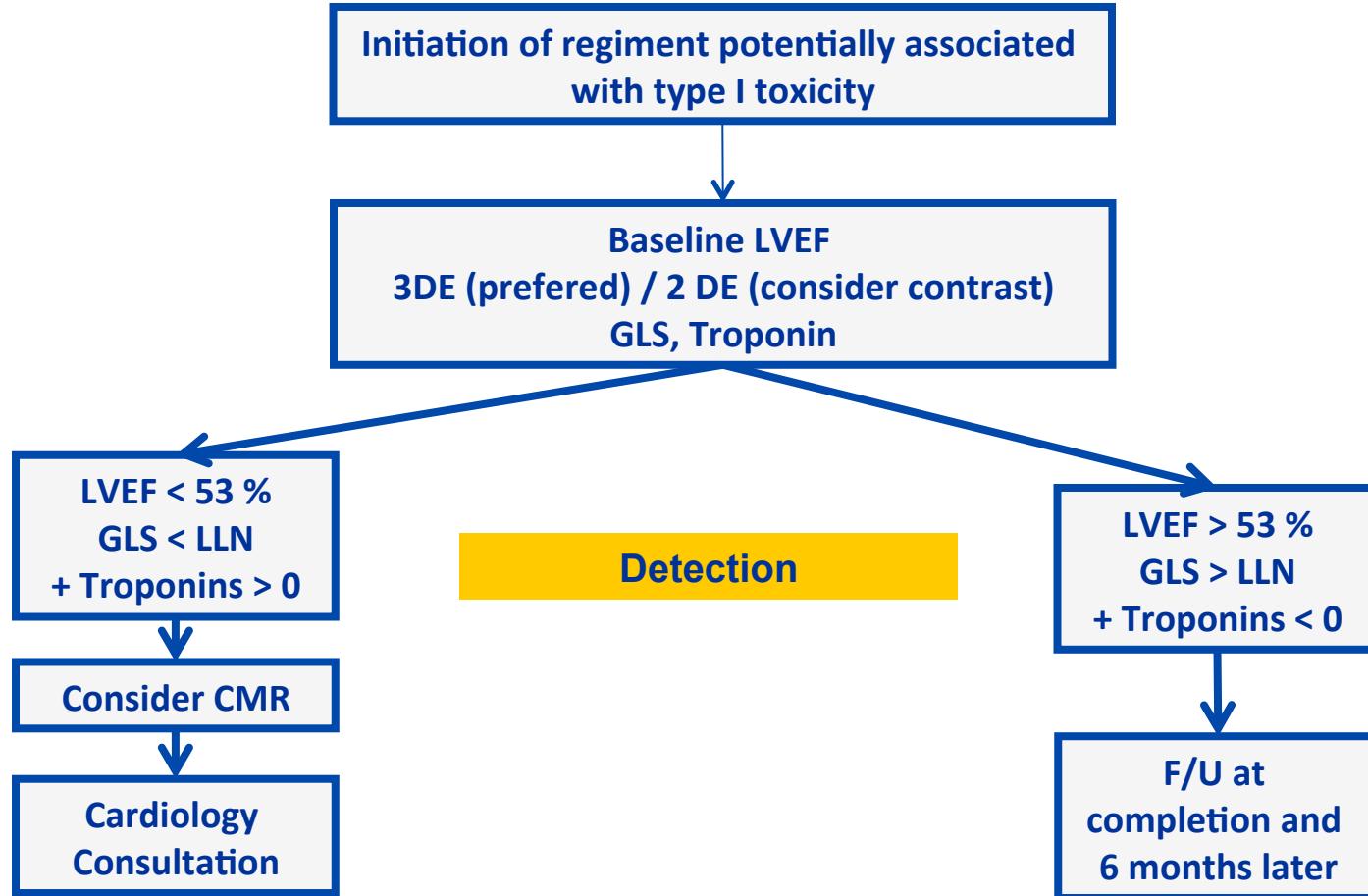
Cancer Therapeutics regimens associated with type I and type II Cancer therapeutics related cardiac dysfunction



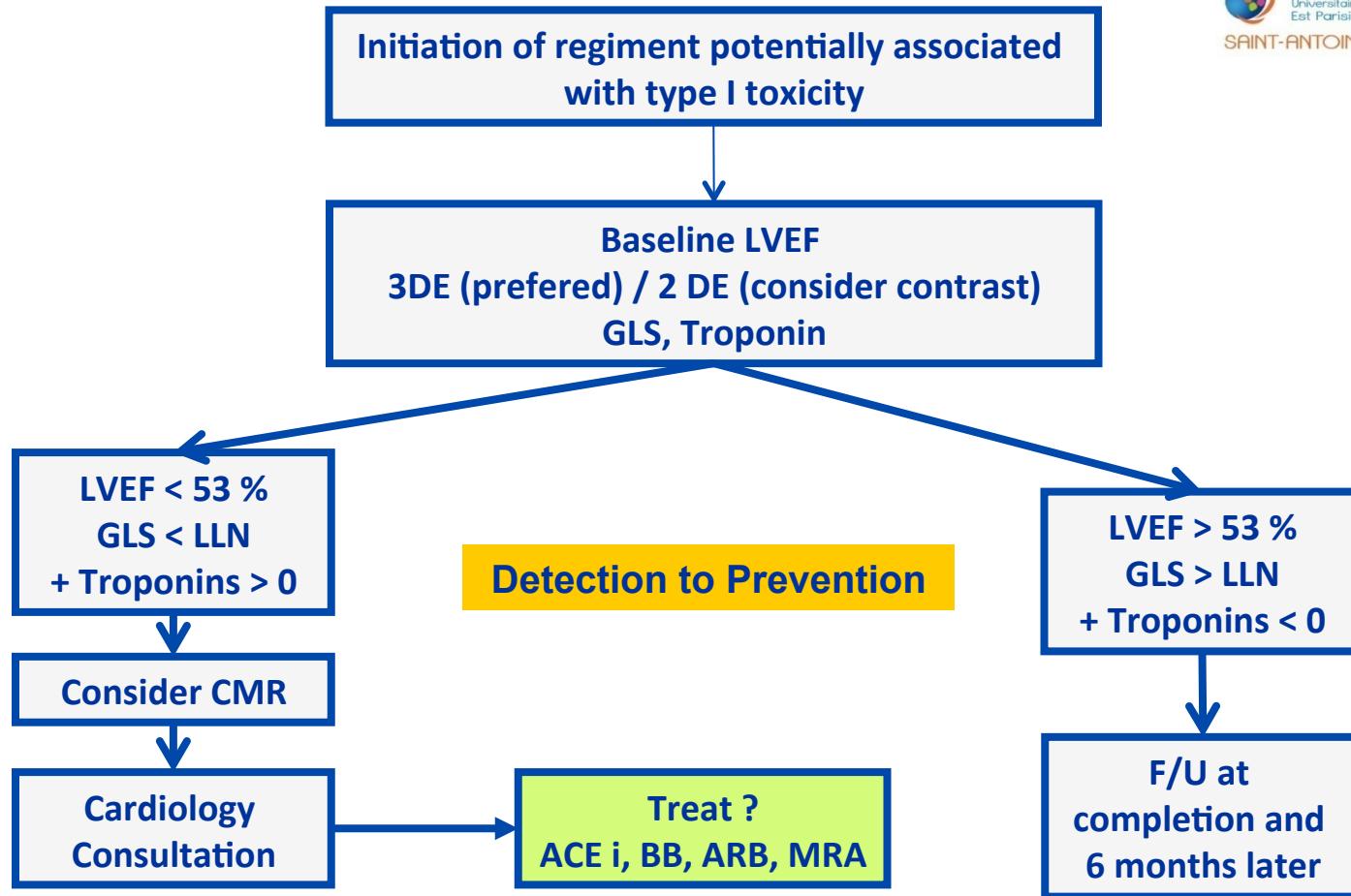
Two-dimensional speckle tracking echocardiography combined with high-sensitive cardiac troponin T in early detection and prediction of cardiotoxicity during epirubicine-based chemotherapy



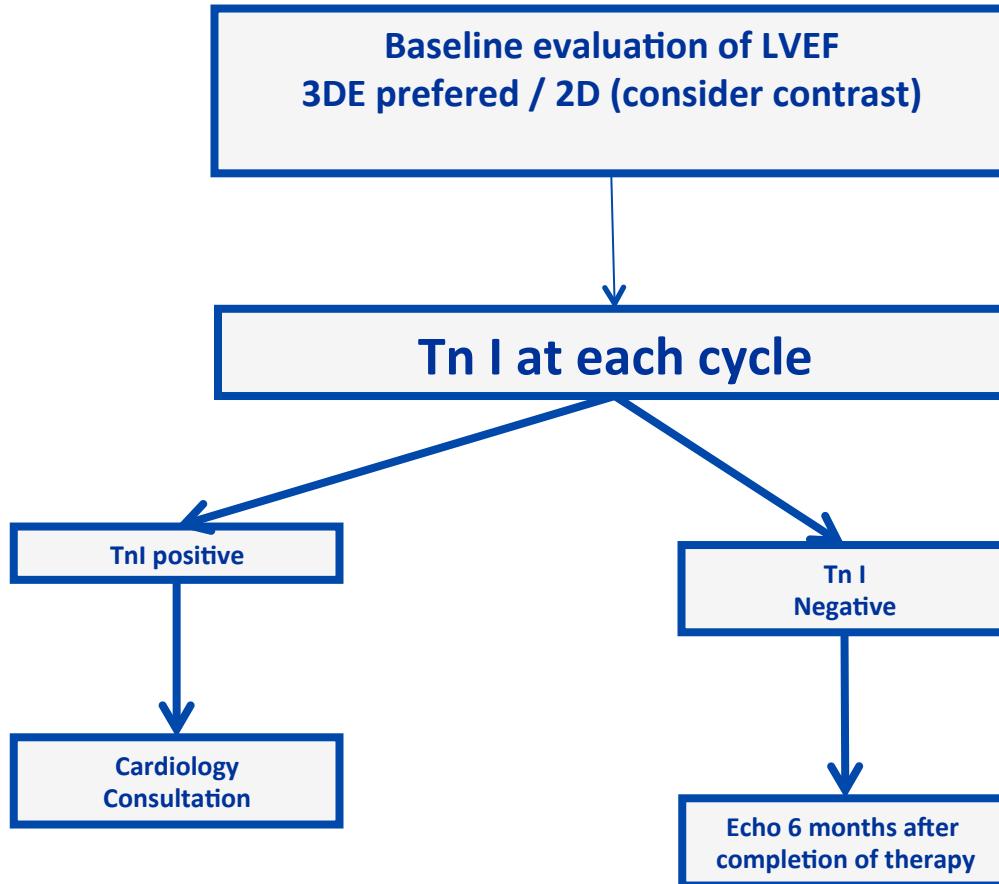
Kang European Journal of Heart Failure 2014 16, 300–308



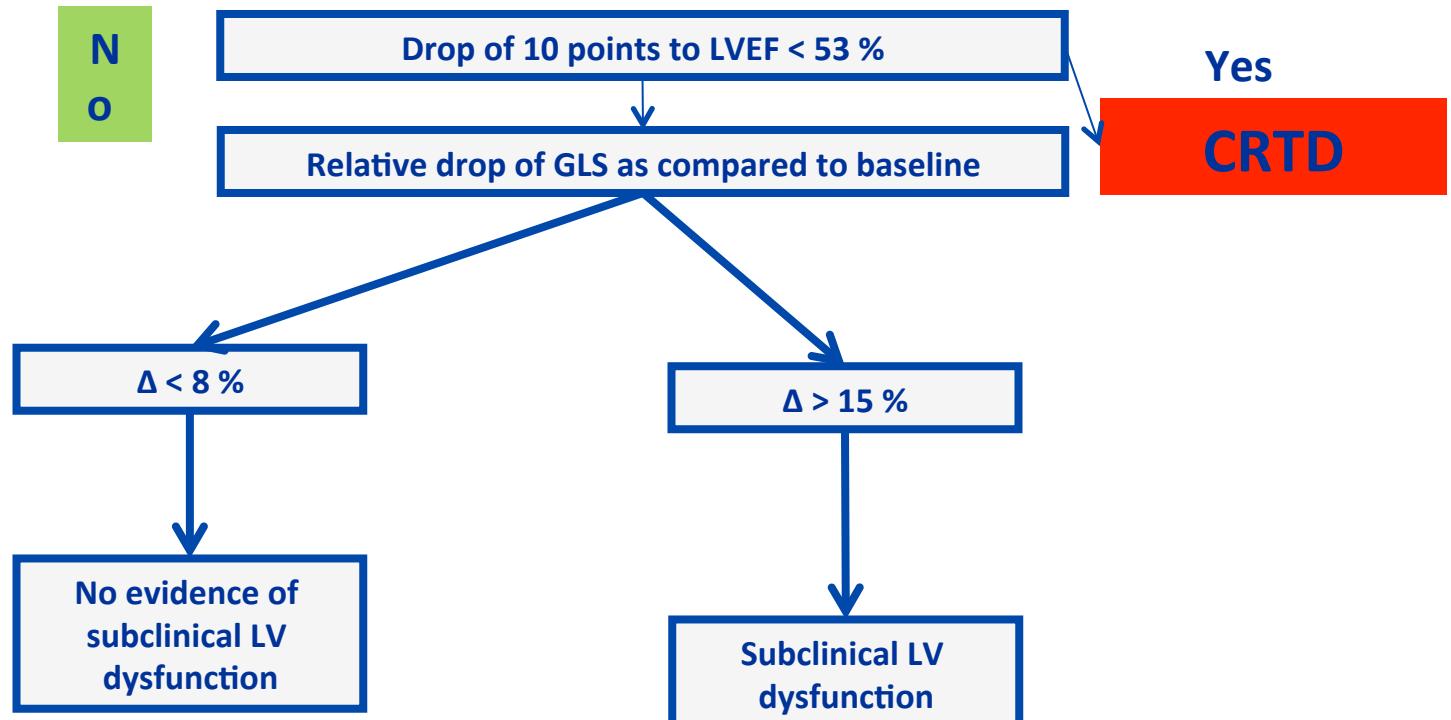
Plana J Am Soc Echocardiogr 2014;27:911-39



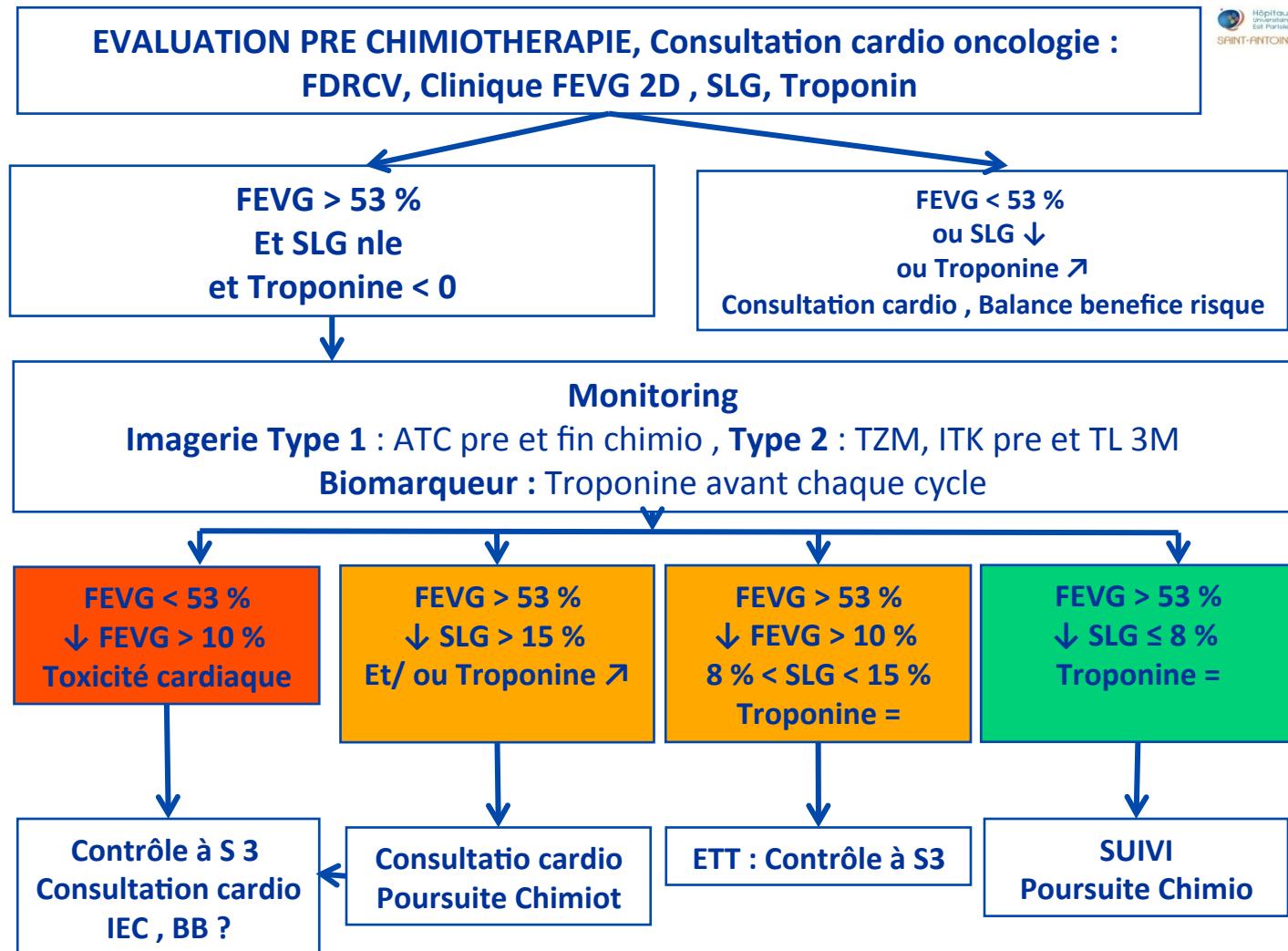
Plana J Am Soc Echocardiogr 2014;27:911-39

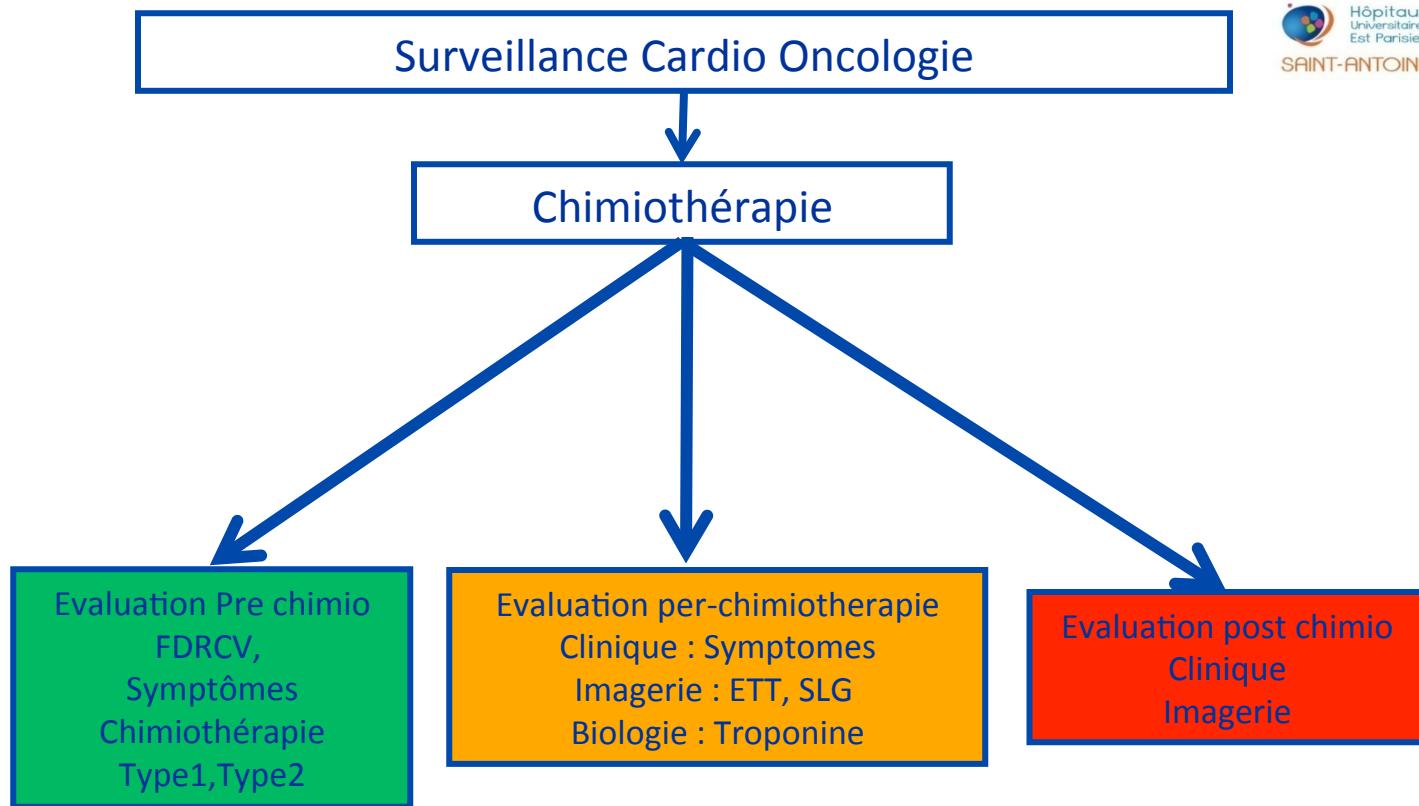


*Plana J Am Soc Echocardiogr 2014;27:911-39*



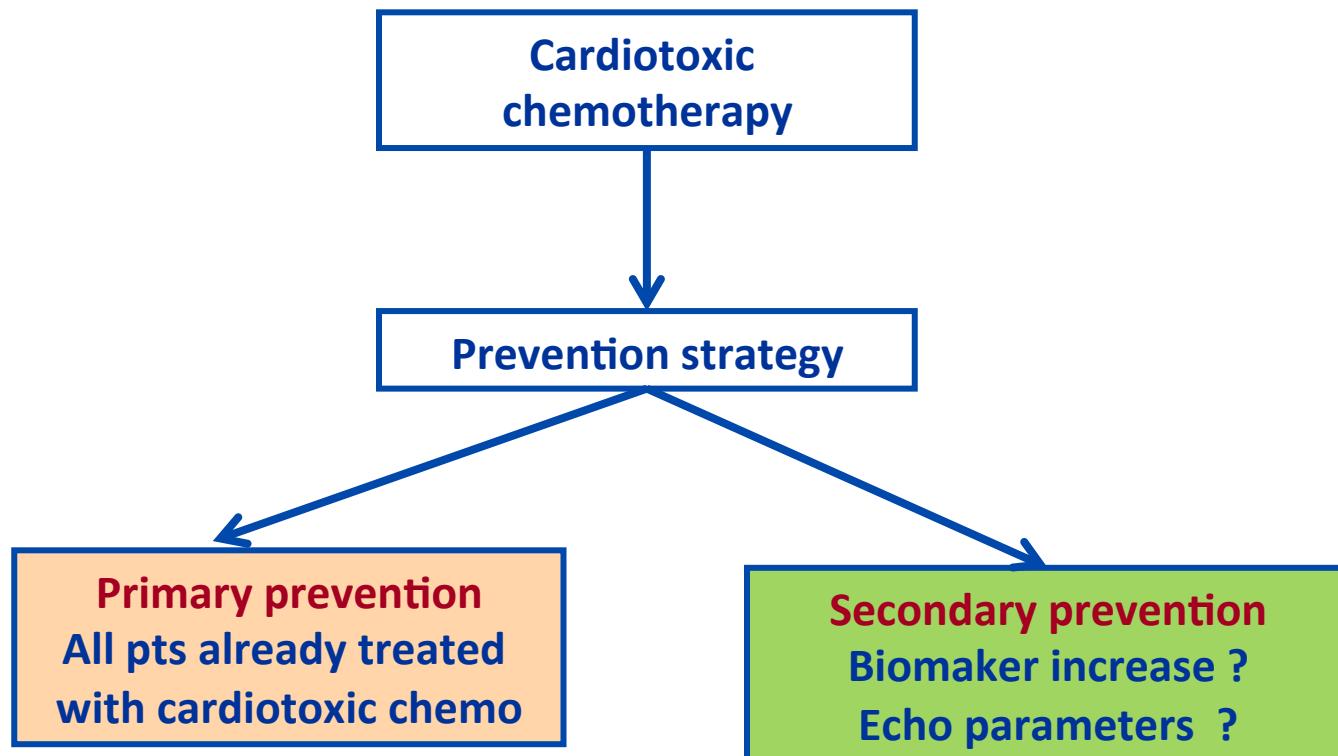
GLS consider Vendor, Gender, Age, loading conditions

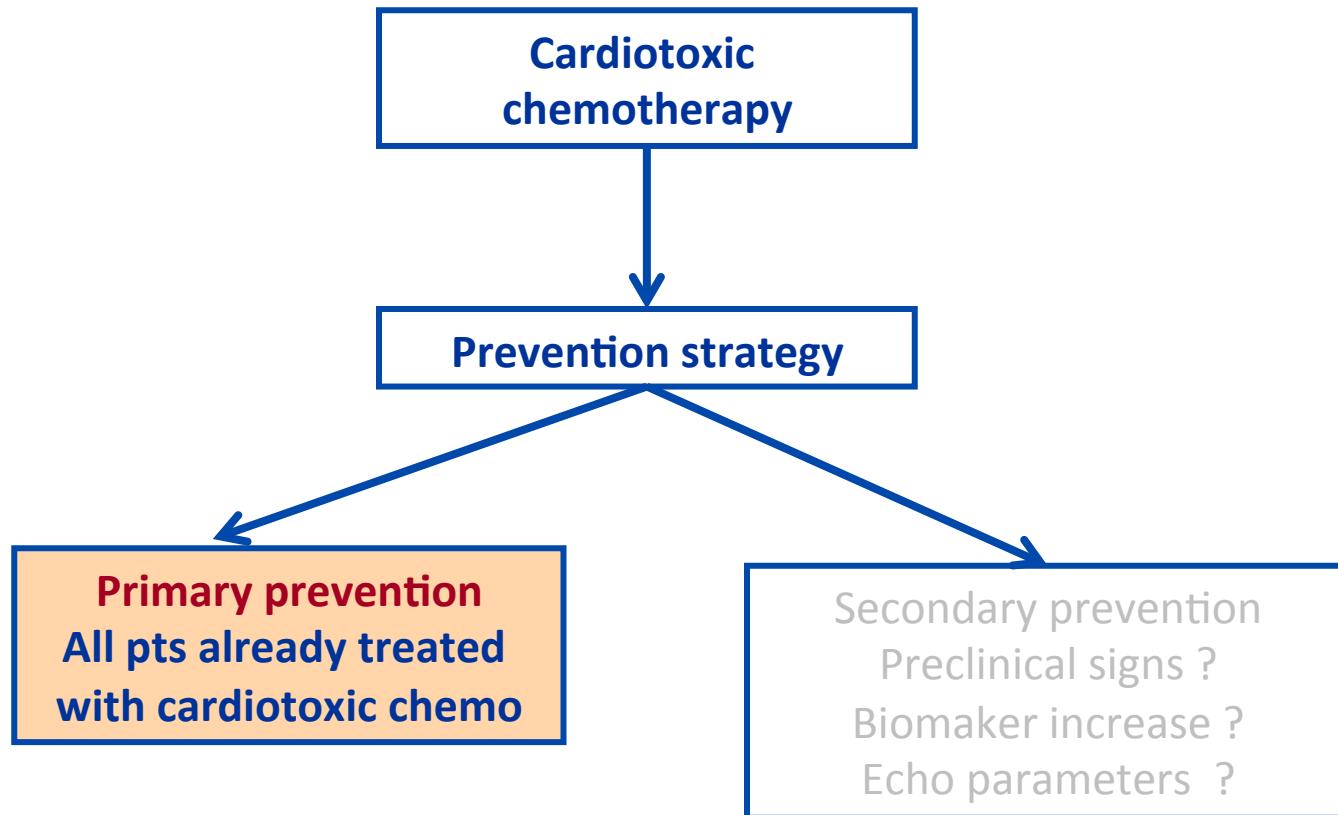




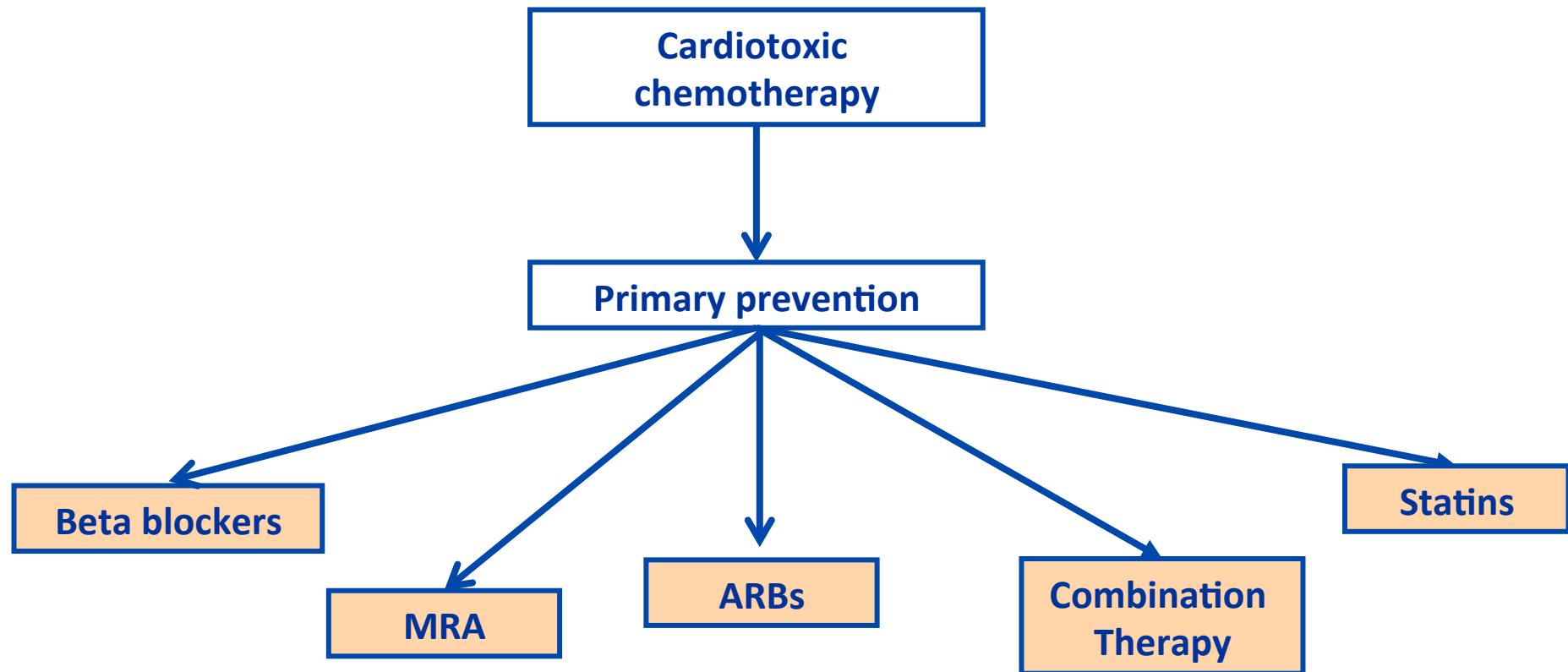
Cardiotoxicité ASE / EACVI 2014 :  
 ↓ 10 points et FEVG < 53 %

## Primary vs Secondary prevention

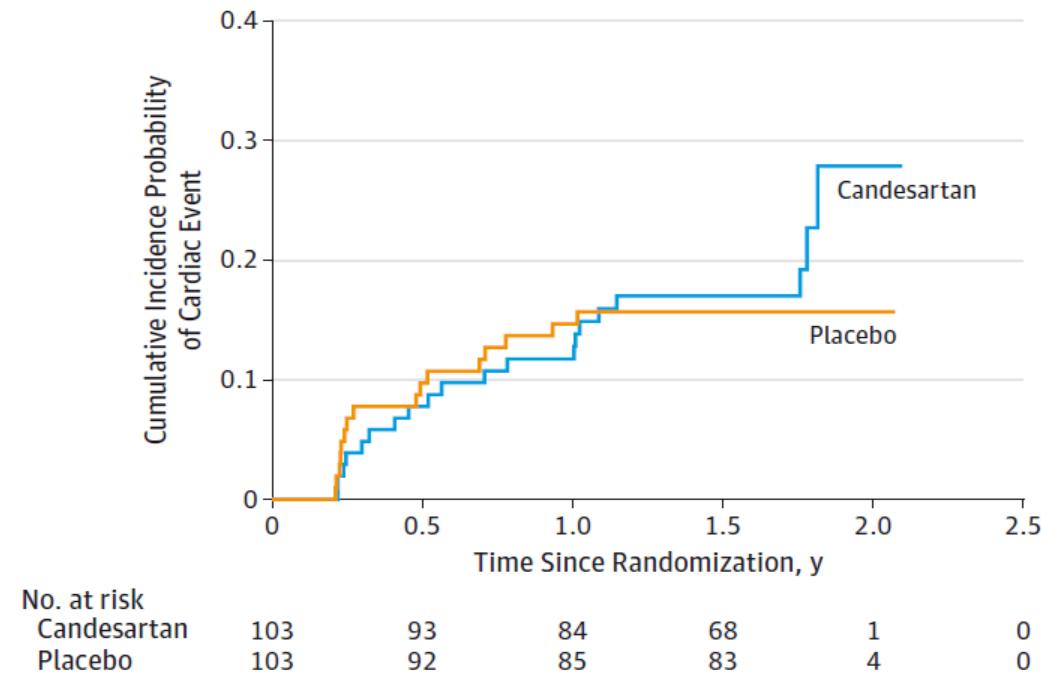




## Which strategy for primary prevention



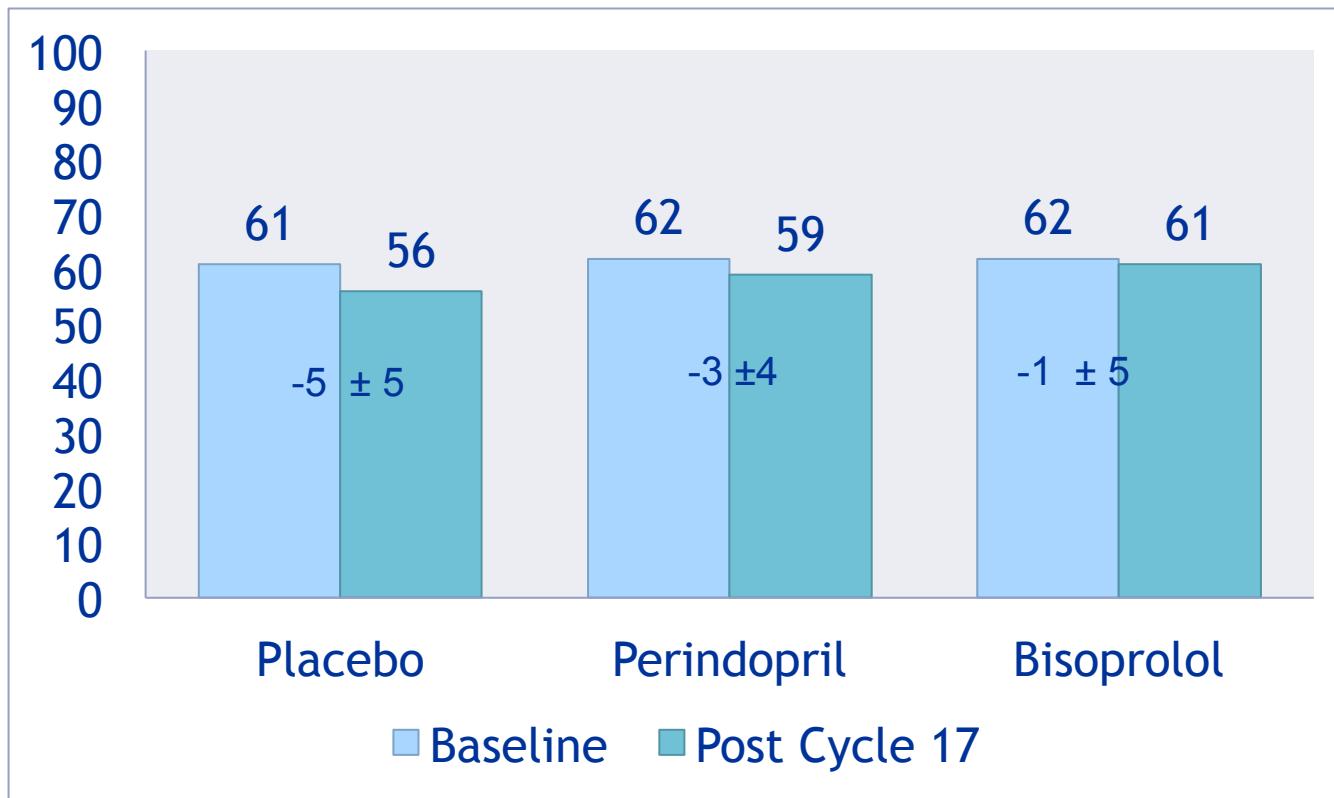
**Angiotensin II-receptor inhibition with candesartan to prevent trastuzumab related cardiotoxic effects in patients with early breast cancer**



**Cumulative 2-year incidences of cardiac events for the patients assigned to candesartan and those assigned to placebo**

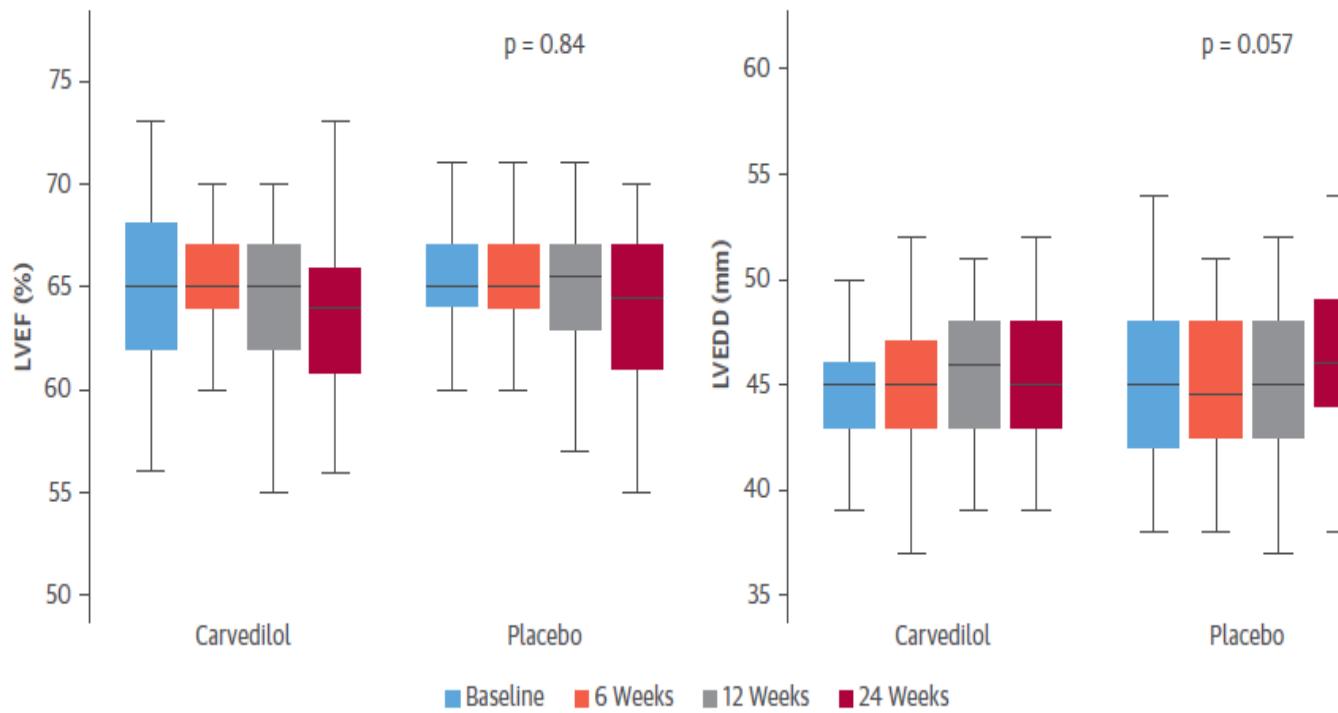
**Boekhout A JAMA Oncology 2016 ;2:1030-1307**

Multidisciplinary Approach to Novel Therapies in Cardio-Oncology Research (MANTICORE 101-Breast):  
A Randomized Trial for the Prevention of Trastuzumab-Associated Cardiotoxicity

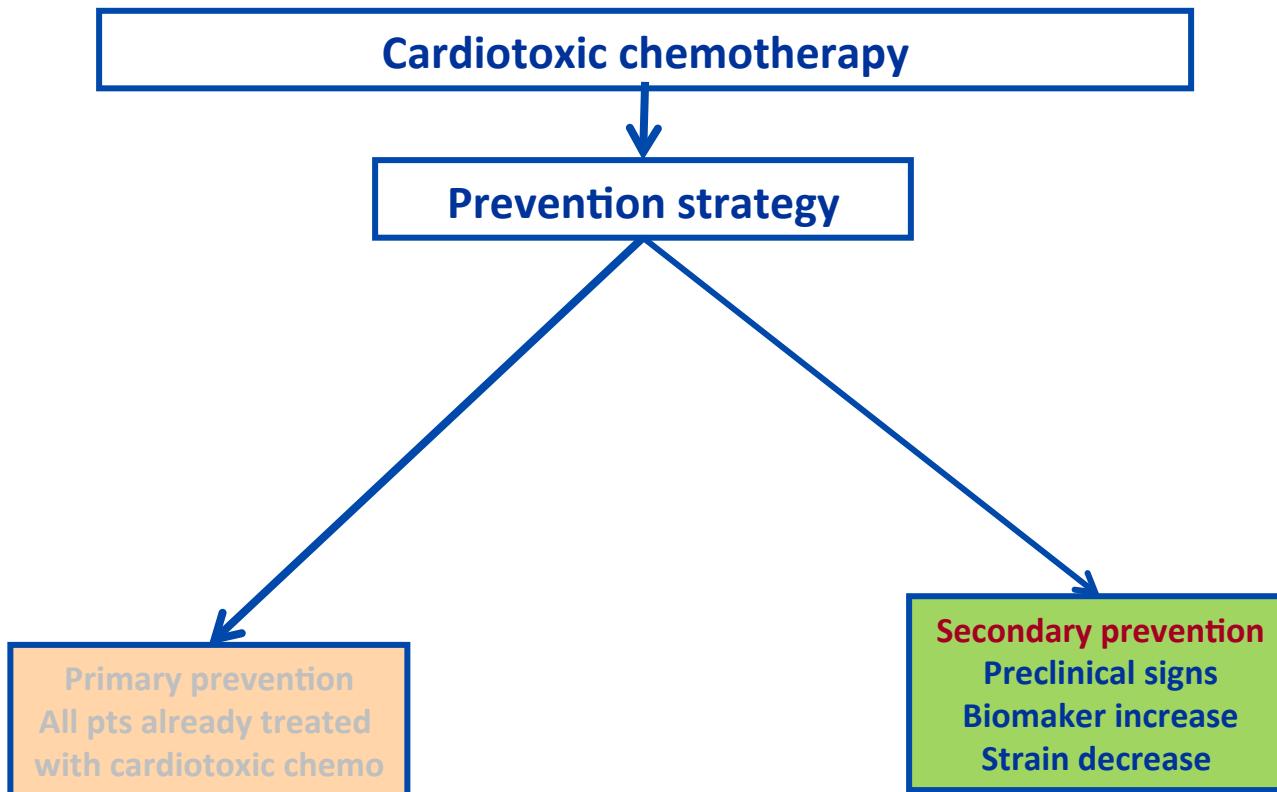


Pituskin J Clin Oncol. 2017 Mar 10;35:870-877

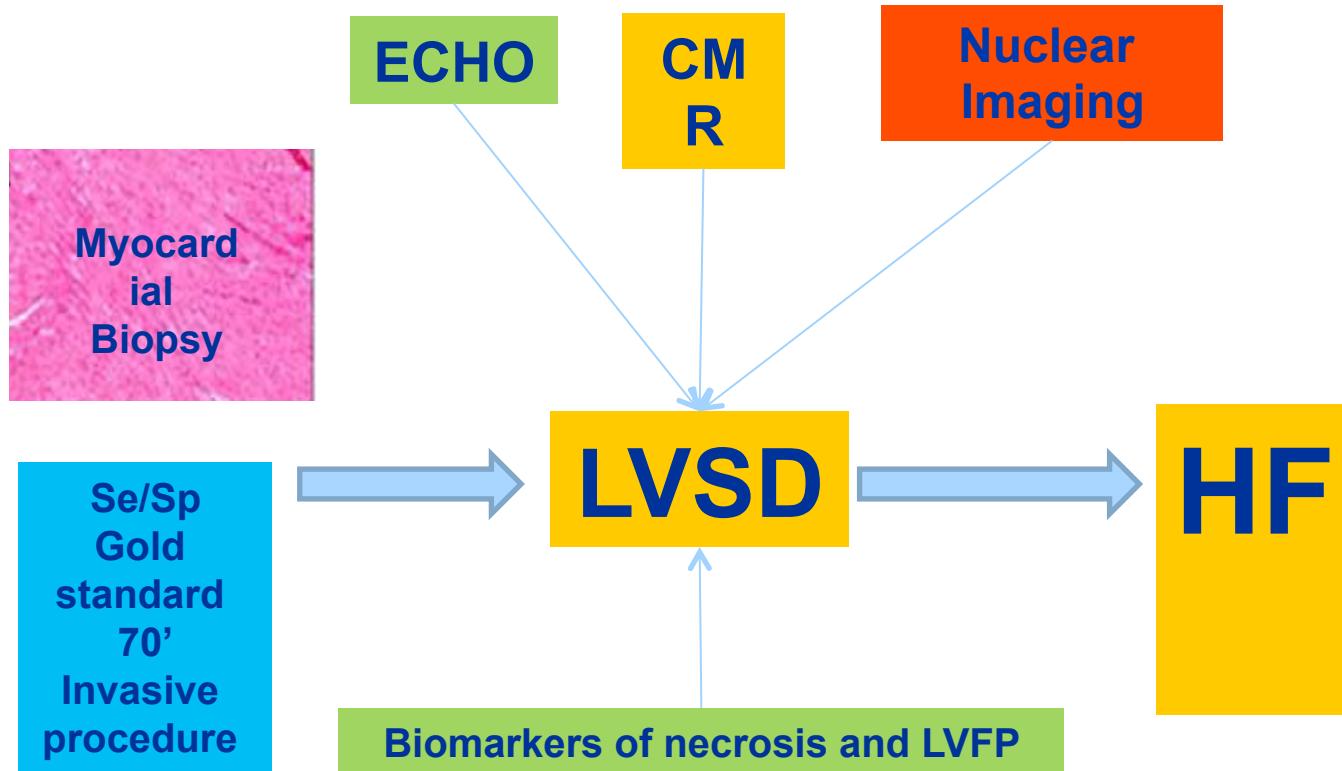
## Comparison of placebo and carvedilol in the echo parameters during follow-up



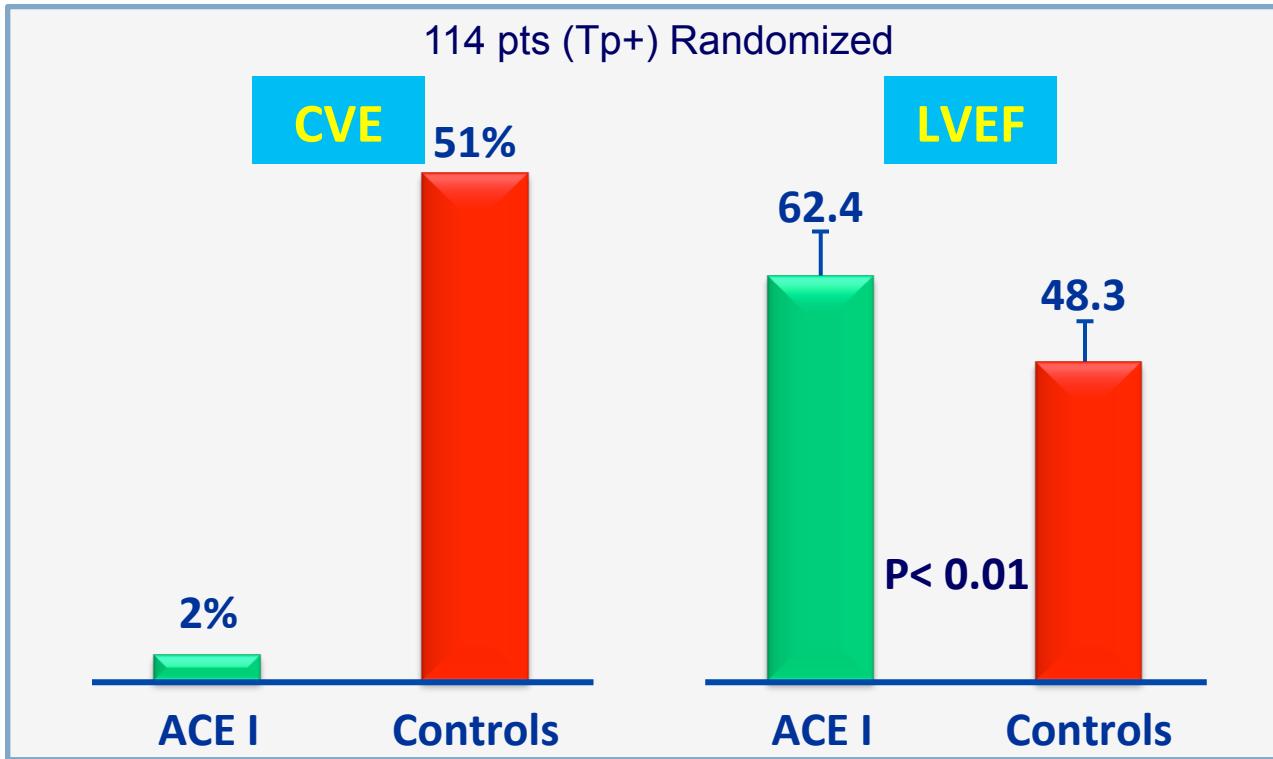
## Cancer Therapeutics regimens associated with type I and type II Cancer therapeutics related cardiac dysfunction



## What do we have in clinical practice



## Prevention of Cardiotoxicity with ACE Inhibitors

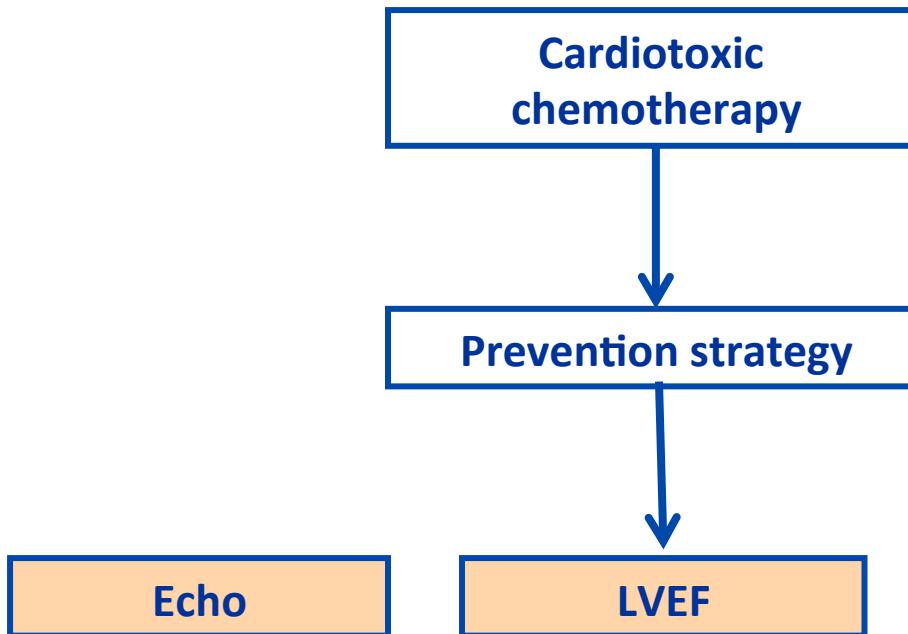


CVE=Cardiovascular event

Cardinale D. Circulation. 2006;114: 2474-81

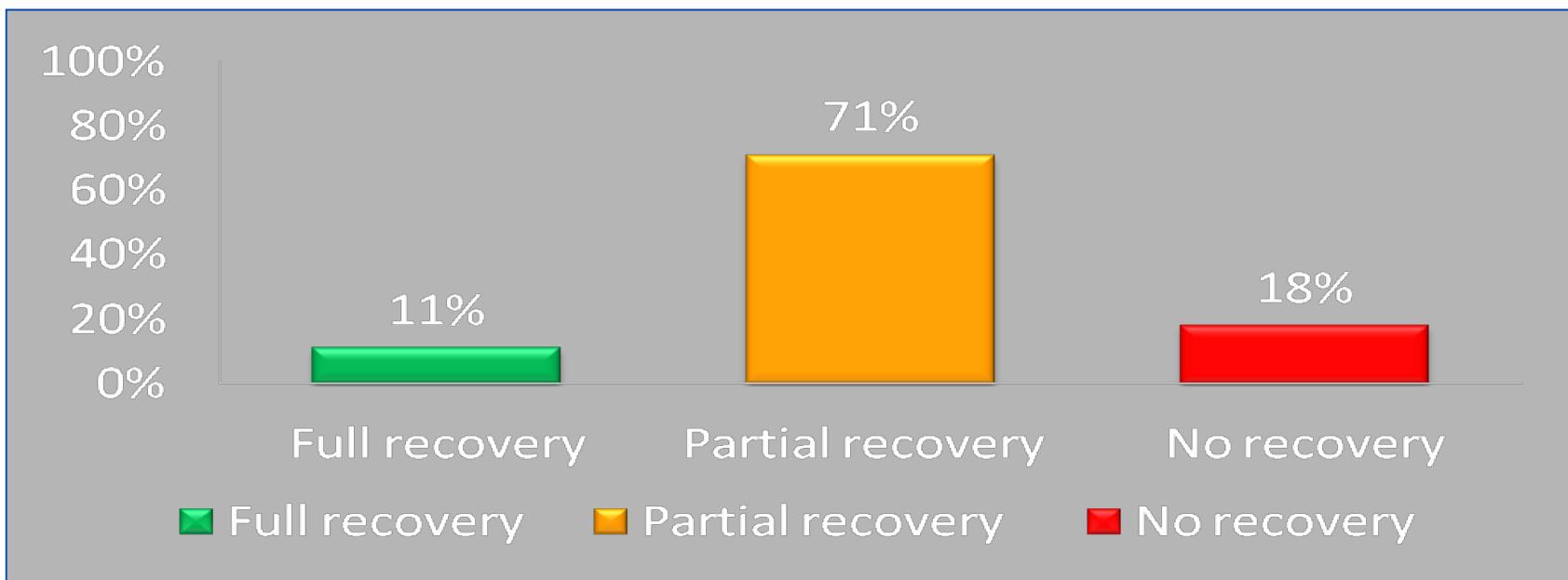
## Secondary prevention

Cancer Therapeutics regimens associated with type I and type II Cancer therapeutics related cardiac dysfunction



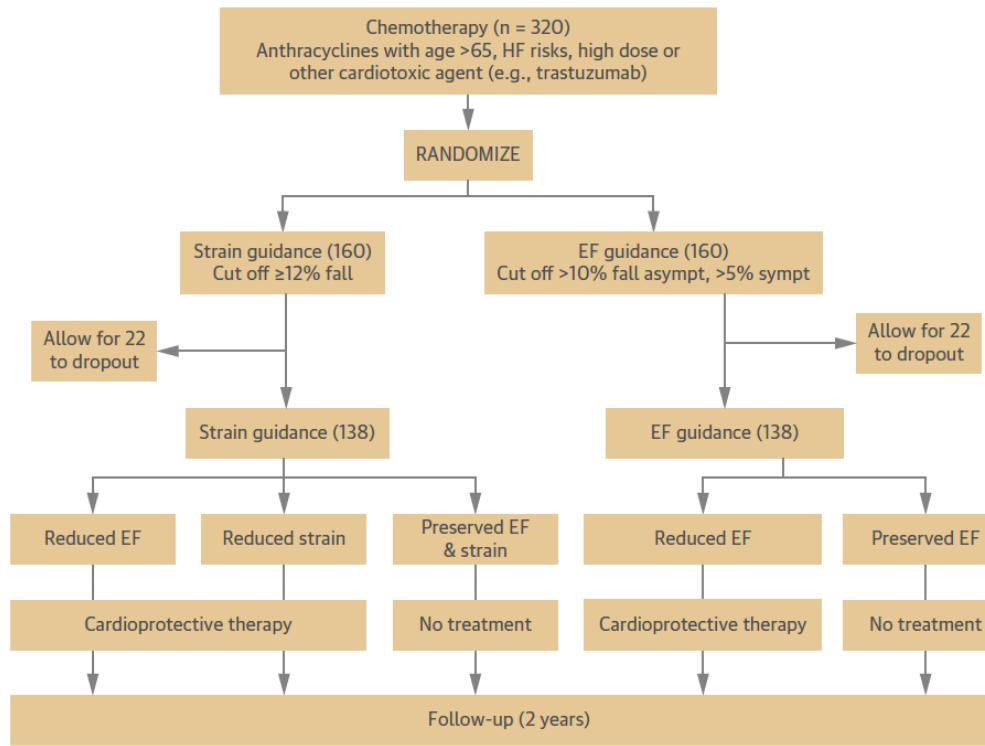
**Early detection of ATC cardiotoxicity and improvement with HF  
2625 pts, Echo, ACE i + BB**

**9 % LVEF drop > 10 % unit + LVEF < 50 %**



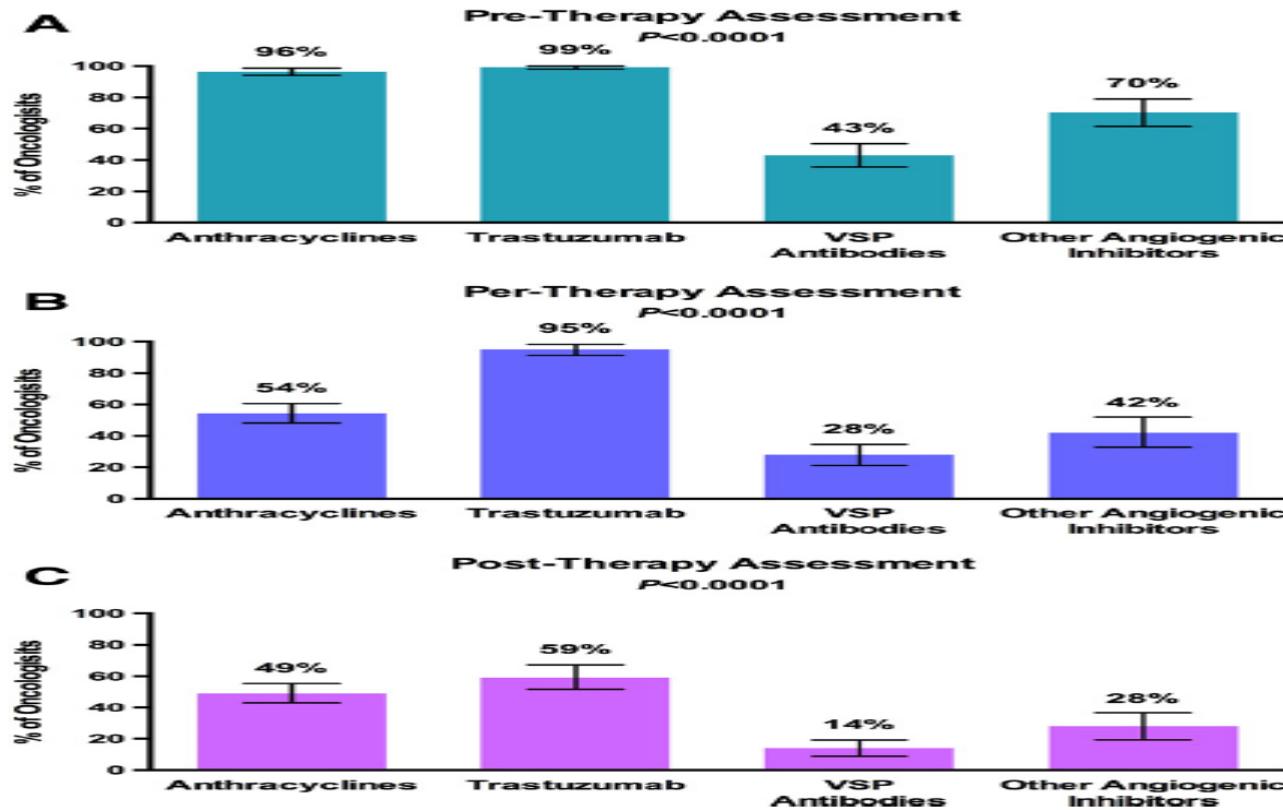
**Cardinale D. Circulation. 2015;131: 1981-8**

### The Strain Surveillance of Chemotherapy for Improving Cardiovascular Outcomes: The SUCCOUR Trial. .



Negishi T JACC imaging 2018 ;11:1098-1105.

Practices in management of cancer treatment-related cardiovascular toxicity: A cardio-oncology survey.



Jovenaux L. Int J Cardiol. 2017 ;241:387-392.

## Conclusion

**1- Anthracycline , Molecular targeted Agent and Immunotherapy are associated with an increased risk of HF**

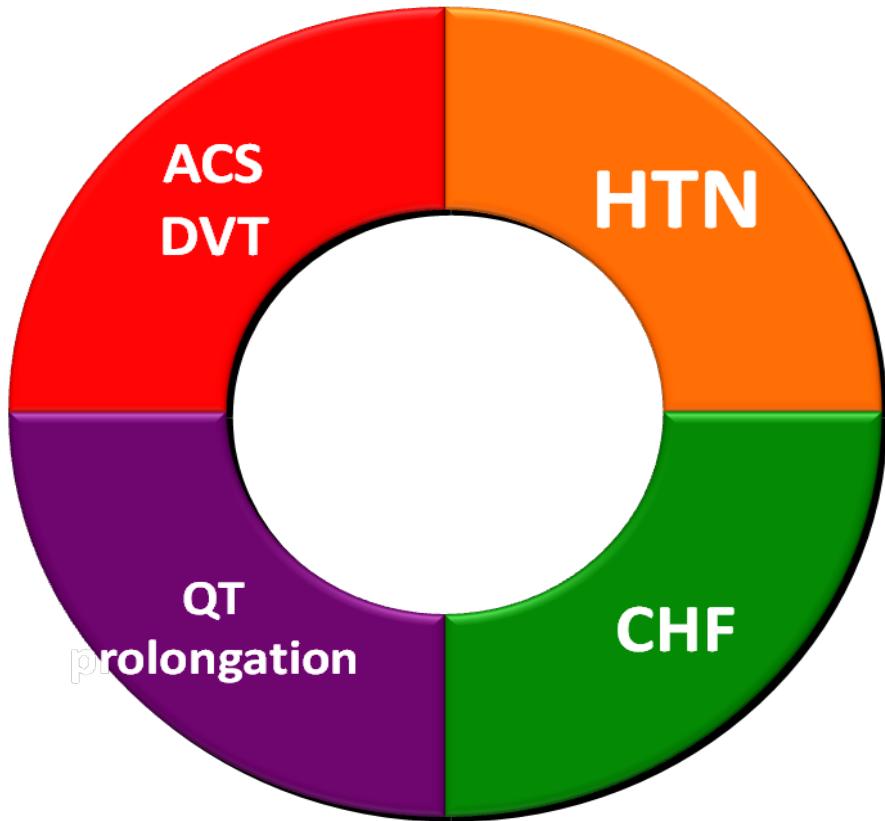
**3- Guidelines on detection of cardiotoxicity**

**2- Limited data on cardioprotection in patients receiving trastuzumab or molecular targeted agents**

**3- No date on the best way to assess cardiotoxicity in cancer patients treated with Immunotherapy**

**4- Clinical prospective trials addressing prevention prophylactic are warranted**

# Cardiotoxicity



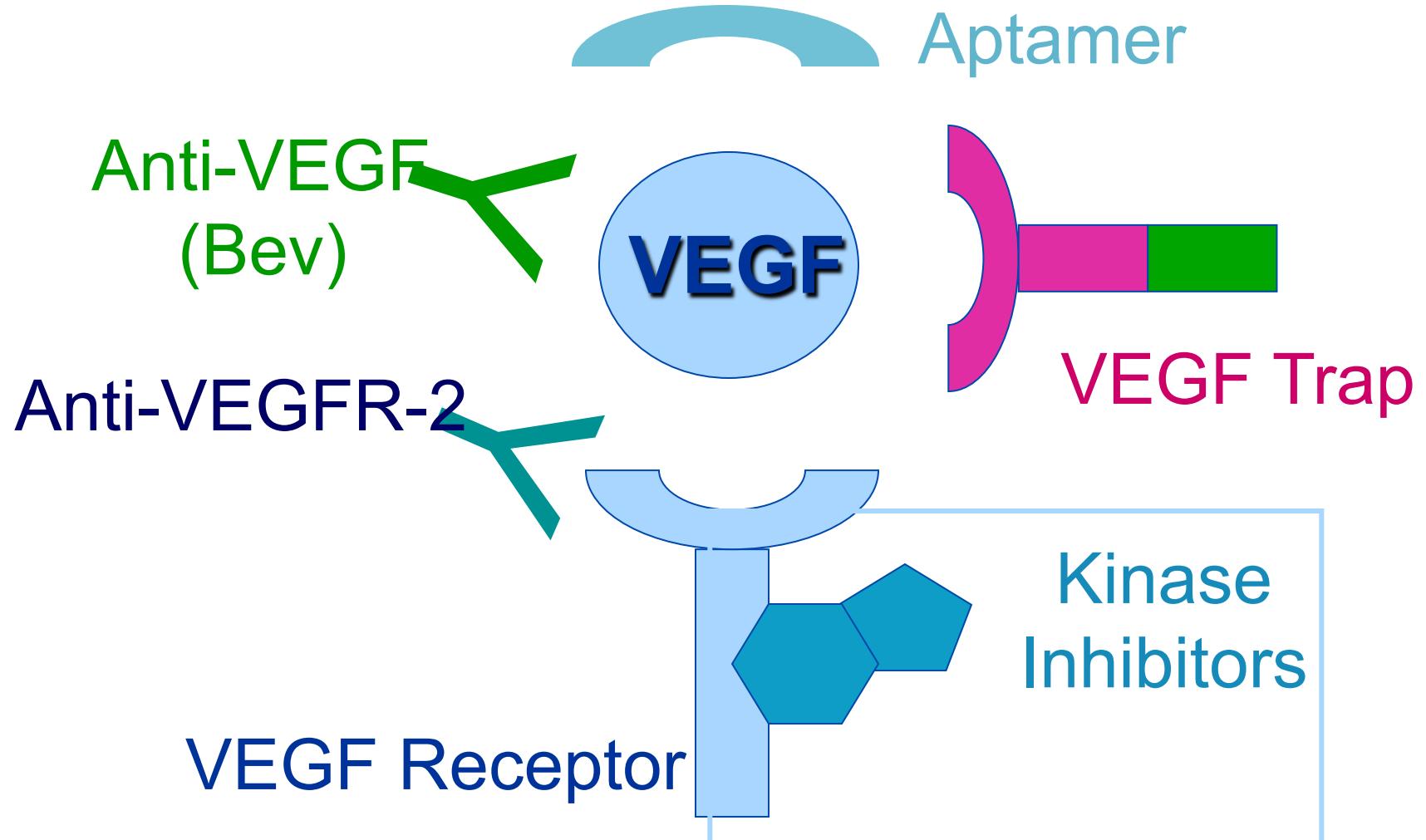
Peripheral Artery  
disease

Pulmonary  
Hypertension

Atrial Fibrillation

Acute Myocarditis

# Targeting the VEGF Pathway

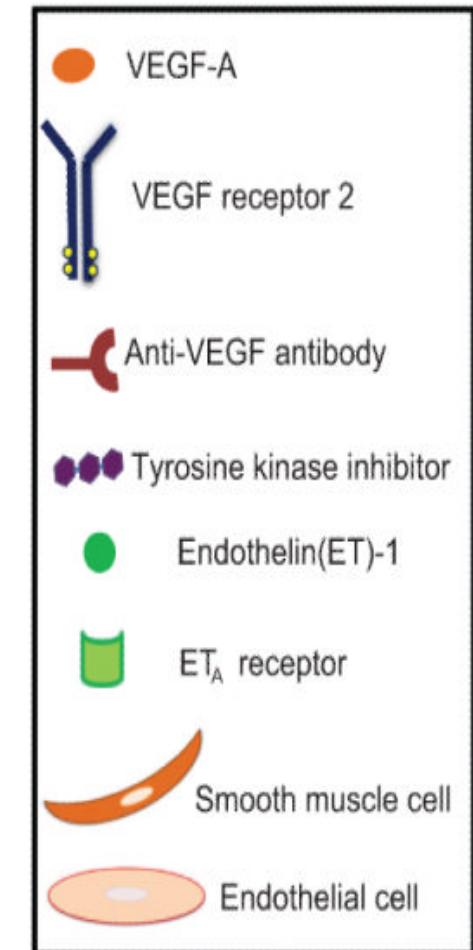
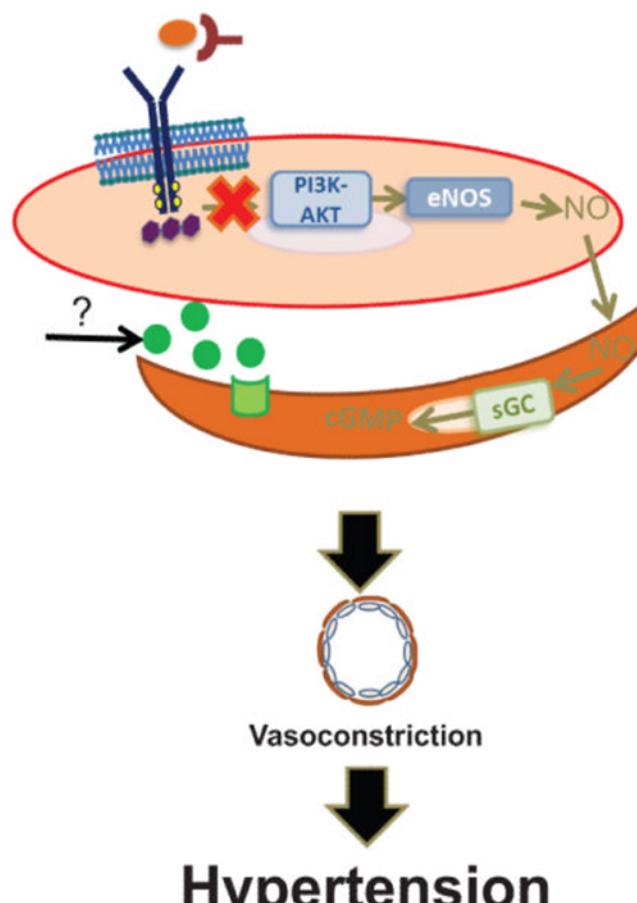
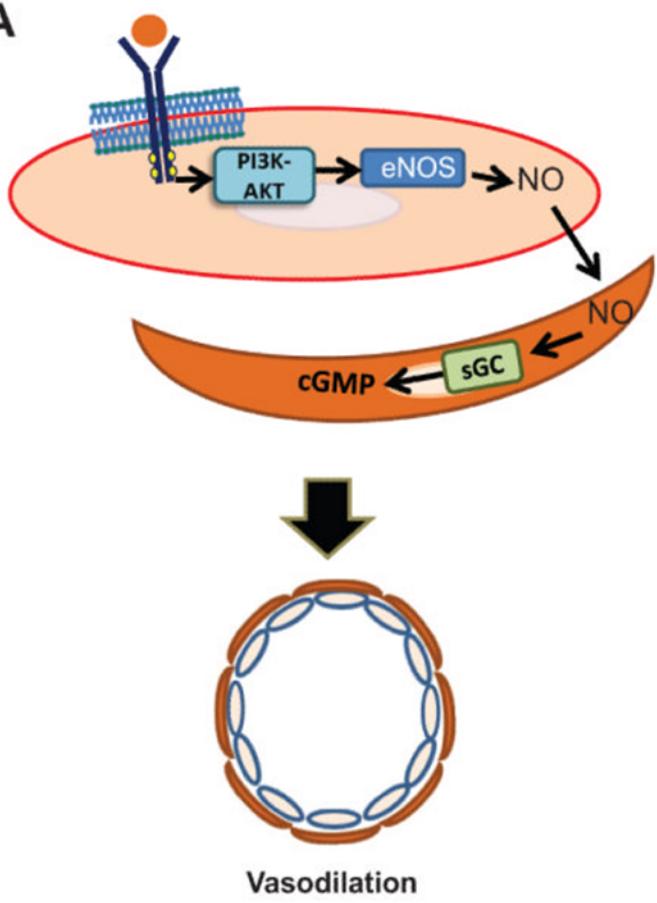


Chimiothérapie	Incidence HTA Tous Grades	Incidence grade > 3
Aflibercept	46 %	18 %
Axitinib	30 %	5 %
Bevacizumab	22 %	11 %
Cediranib	72 %	33 %
Motesanib	56 %	25 %
Pazopanib	37 %	8 %
Sorafenib	17 %	4 %
Sunitinib	24 %	8 %
Vandetanib	21 %	2 %

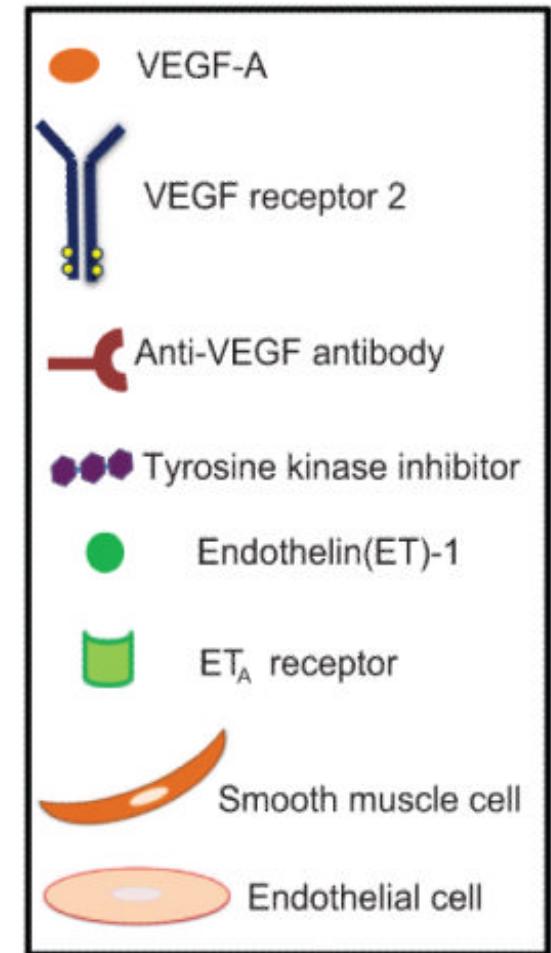
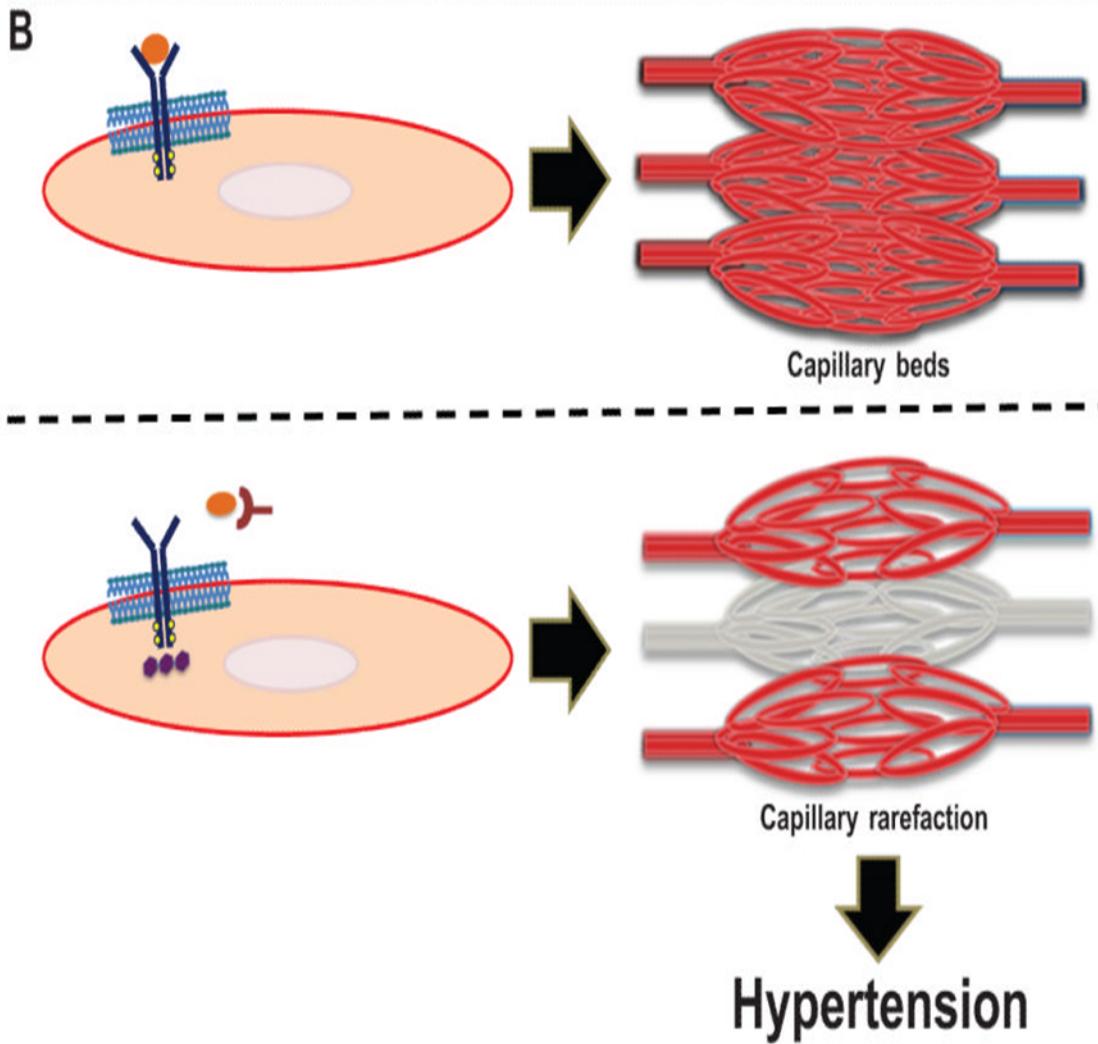
Chimiothérapie	Incidence Proteinurie Tous grades	Incidence Proteinurie grade > 3
Aflibercept		<b>18</b>
Axitinib	<b>Protéinurie</b>	<b>5</b>
Bevacizumab	<b>13 a 52 %</b>	<b>0,4 a 0,9 %</b>
Cediranib		<b>33 %</b>
Motesanib		<b>25 %</b>
Pazopanib		<b>8 %</b>
Sorafenib	<b>NA</b>	<b>NA</b>
Sunitinib	<b>NA</b>	<b>NA</b>
Vandetanib	<b>Protéinurie</b>	<b>2 %</b>

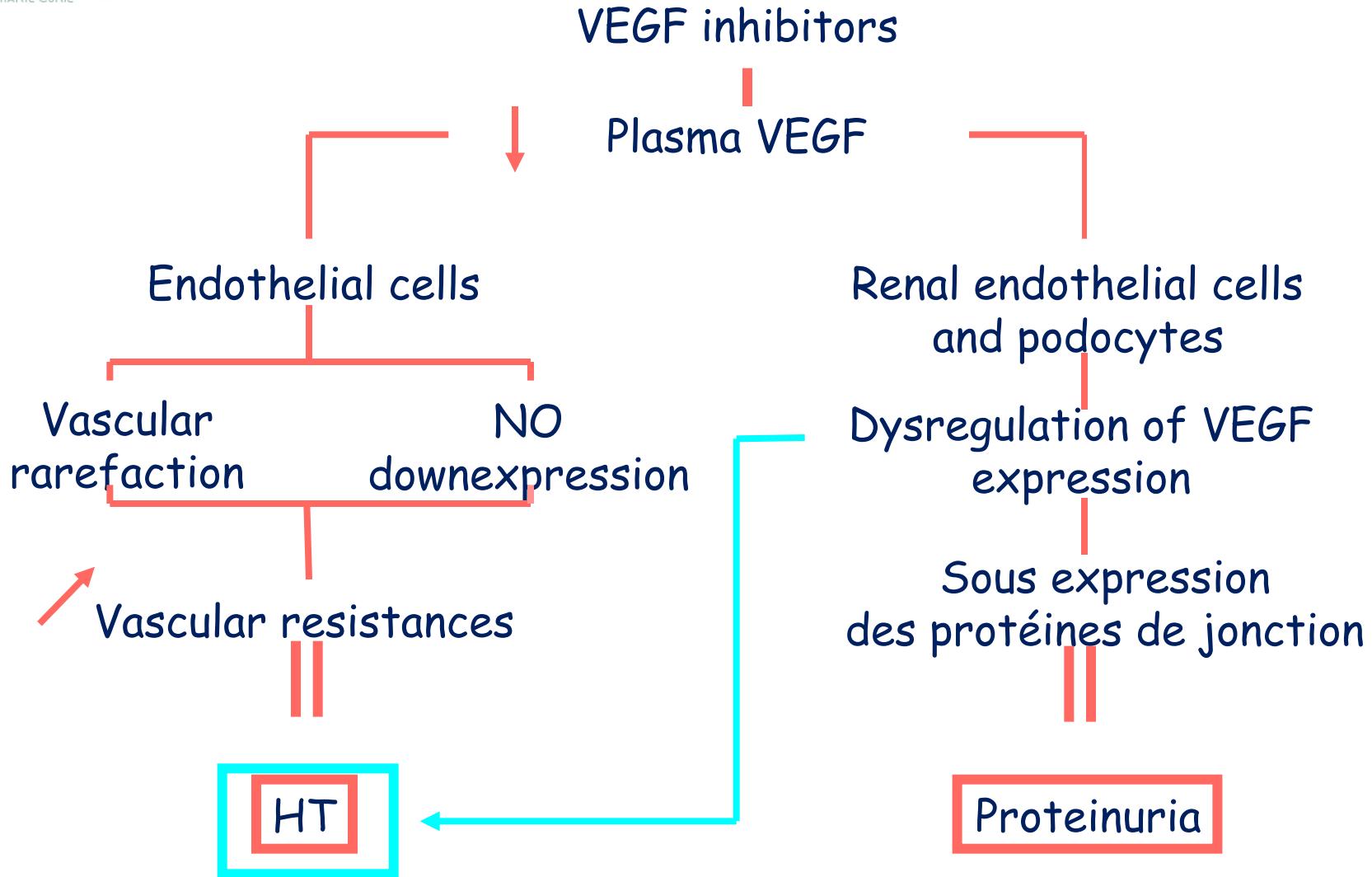
## Mécanismes Hypertension Artérielle Voie Du NO

A



# Mécanismes Hypertension Artérielle Raréfaction Capillaire





# Mesure de la pression artérielle

- 1- Eviter exercice physique avant la mesure de la pression arterielle
- 2- Eviter dans les 30 mn qui precedent la mesure la consommation d'alccol, cafeine et nicotine
- 3- Patient installe confortablement depuis au moins 5 mn, idealement 15 mn avant la mesure
- 4- Installation patient : couche ou assis (eviter jambes croisees qui peuvent majorere la PA de 2-8mmHg)
- 5- Position du bras : Retirer chemise, bras appuye sur table, soutenu
- 6- brassard tensionnel adapte, positionne a hauteur du coeur
- 7- Moyenne de 2 mesures a 3 mn d'intervalle

Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Prehypertension  PAS 120-139 mmHg Ou PAD 80-89 mmHg	HTA stade 1  PAS 140-159 mmHg PAD 90-99 MMhg	HTA stade 2  PAS $\geq$ 160 mmHg Ou PAD $\geq$ 100	HTA compliquée	Décès
Pas de TTT	TTT HTA nécessaire	TTT HTA nécessaire	TTT HTA urgent	

# Prise en charge de la HTA sous regorafenib

## Principe généraux

NCI CTCAE v 4	Regorafenib	Modification Dose	Dose Cycle suivant
Grade 0-2	Poursuivre	Non	Pas de chgt
Grade 3	Retarder jusqu'à grade ≤ 2	Réduire d'un pallier	Tox ≤G2 discuter augmentation dose
Grade 4	Retarde jusqu'à grade ≤ 2	Réduire d'un pallier Envisager interruption définitive	

Dose 0	Dose 1	Dose 2
160 mg	120 mg	80 mg

Si Arrêt nécessaire du REGO > 4 semaine, stop prescription

ACEI, ARB, diuretic, beta-blockers, alpha blockers, nitrate derivates, calcium channel blockers

Nifedipine,  
calcium channel blockers

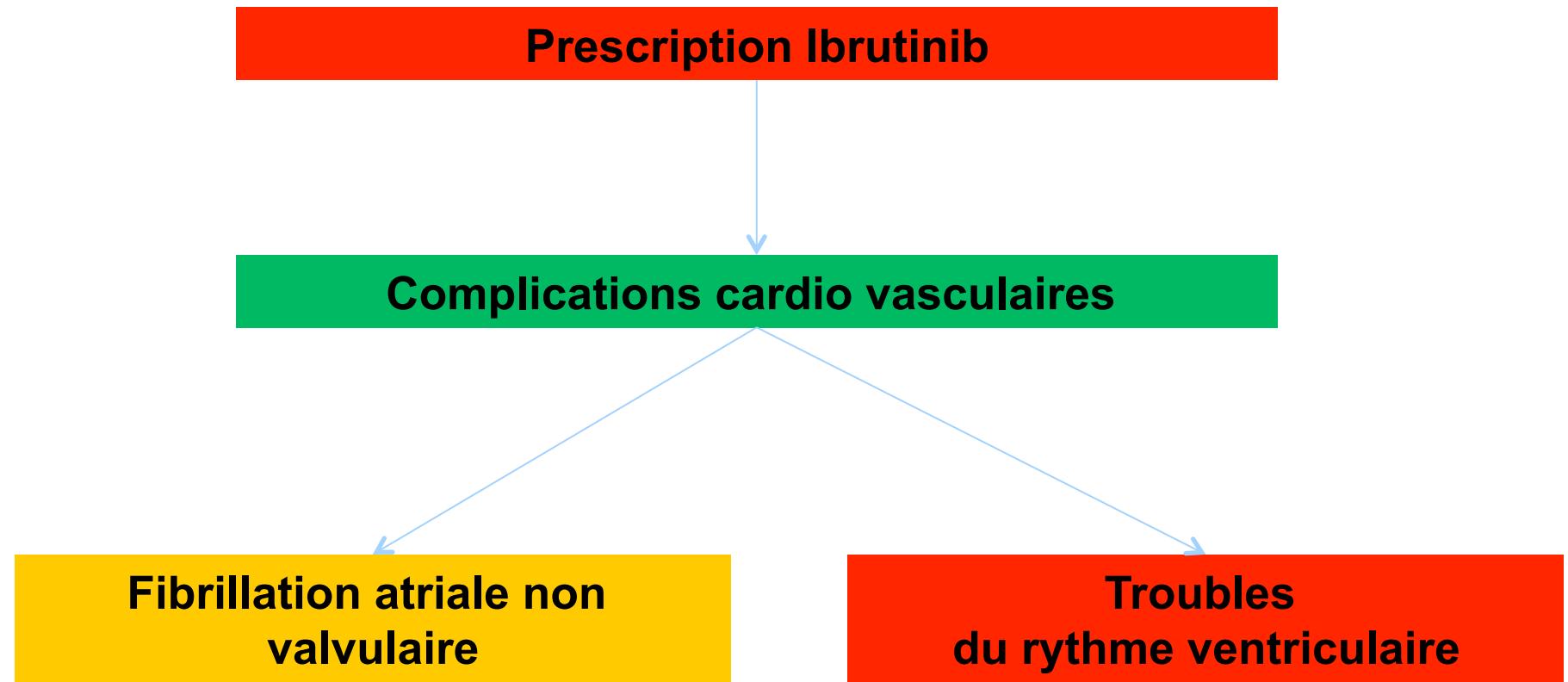
Verapamil  
Diltiazem  
CYP3A4 inhibitors



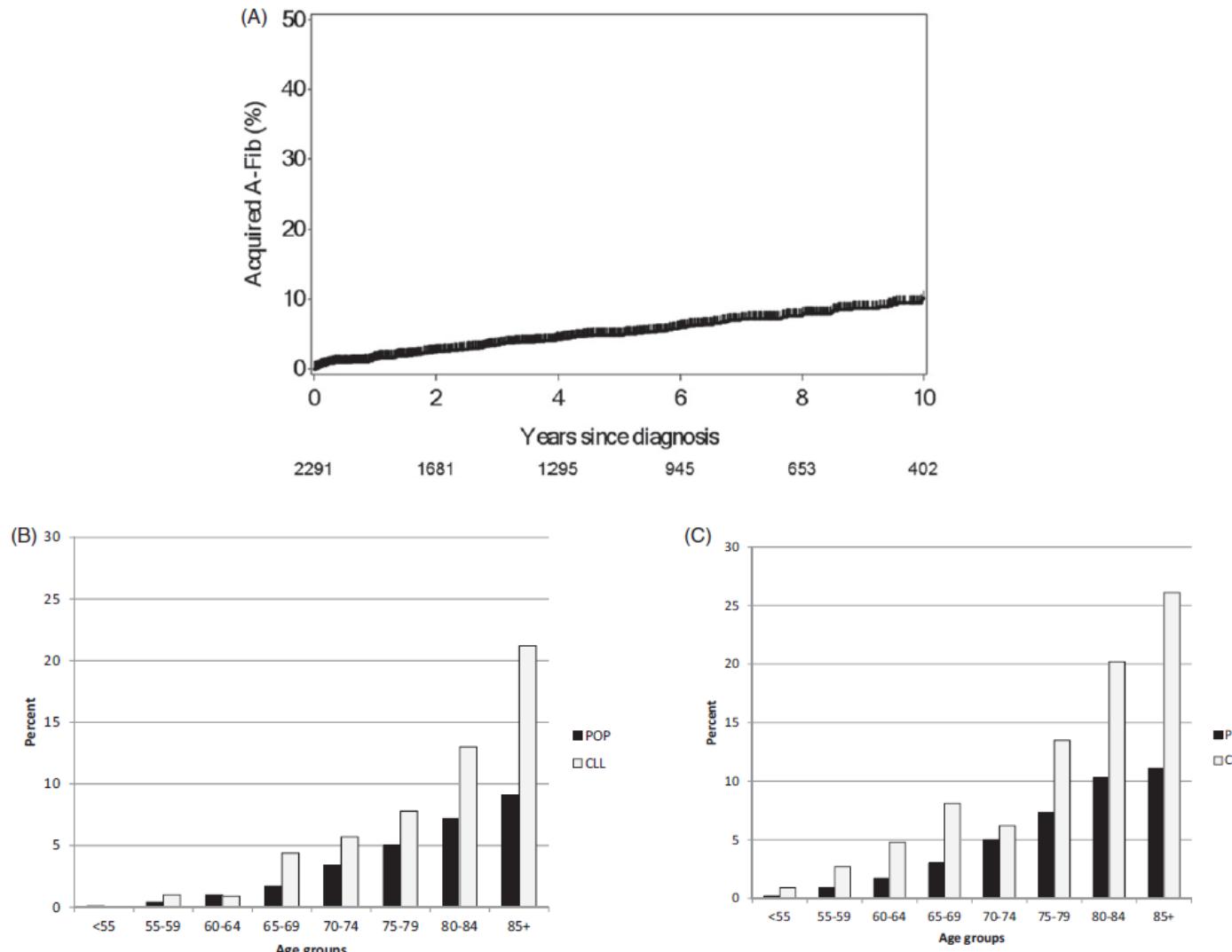
Low interaction potential

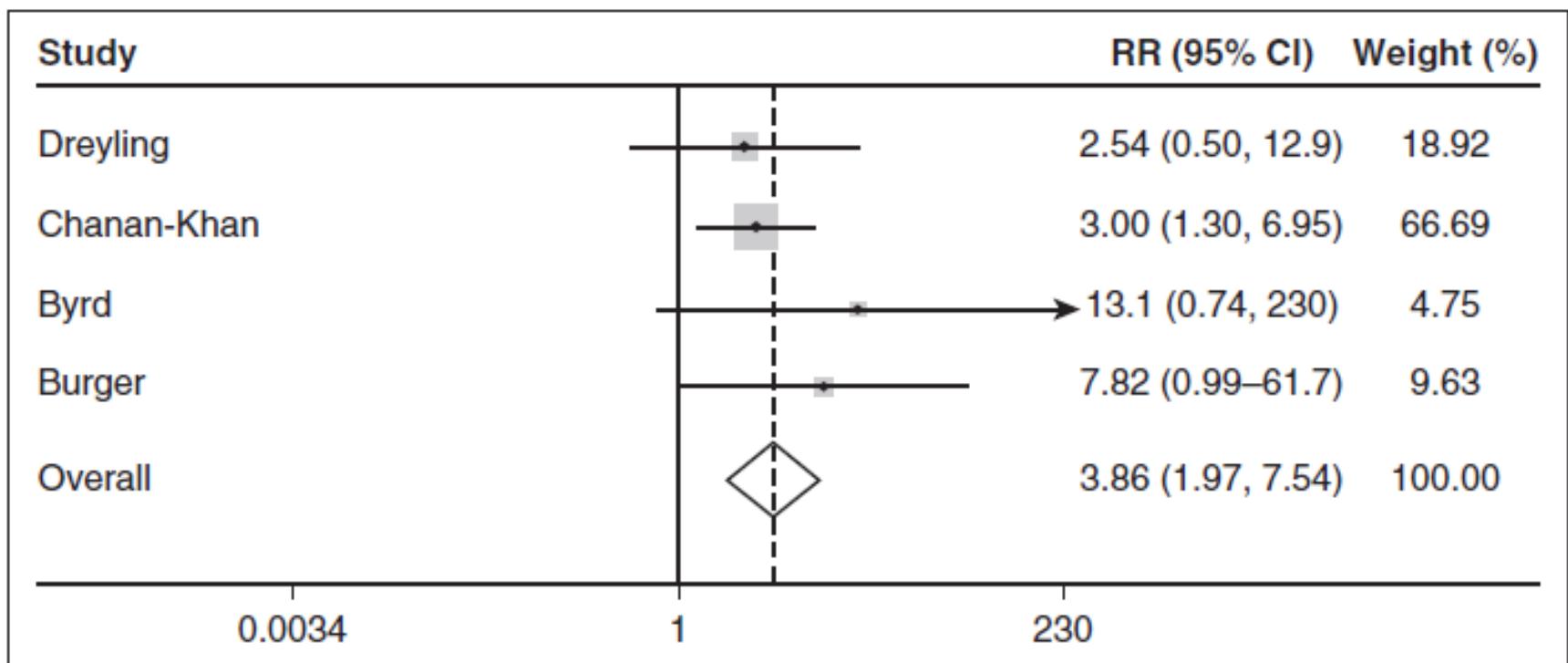
Use cautiously

Contraindicated  
with AI (sunitinib, Sorafenib)

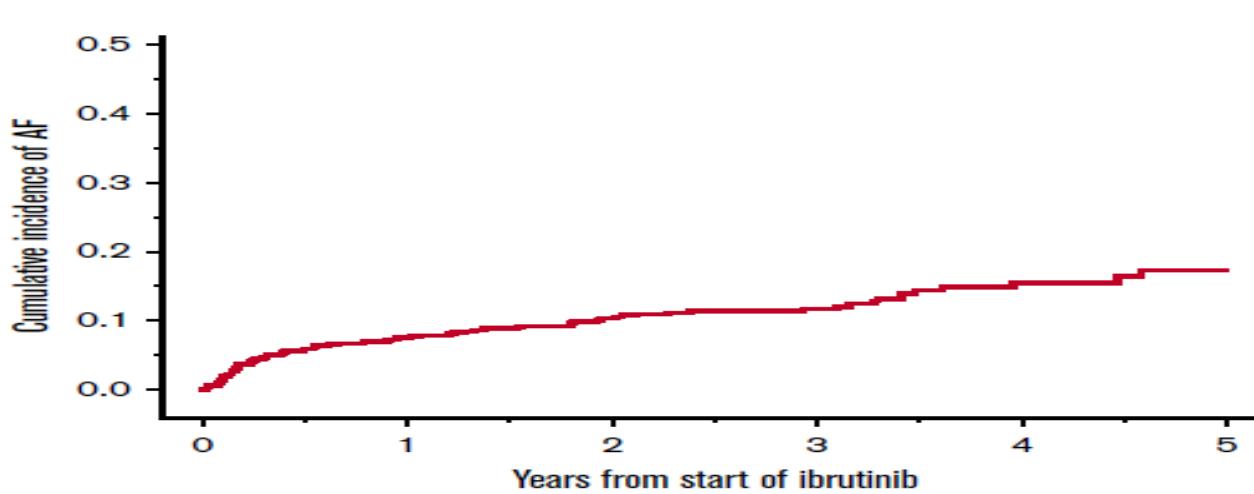


# Atrial fibrillation in pts with LLC

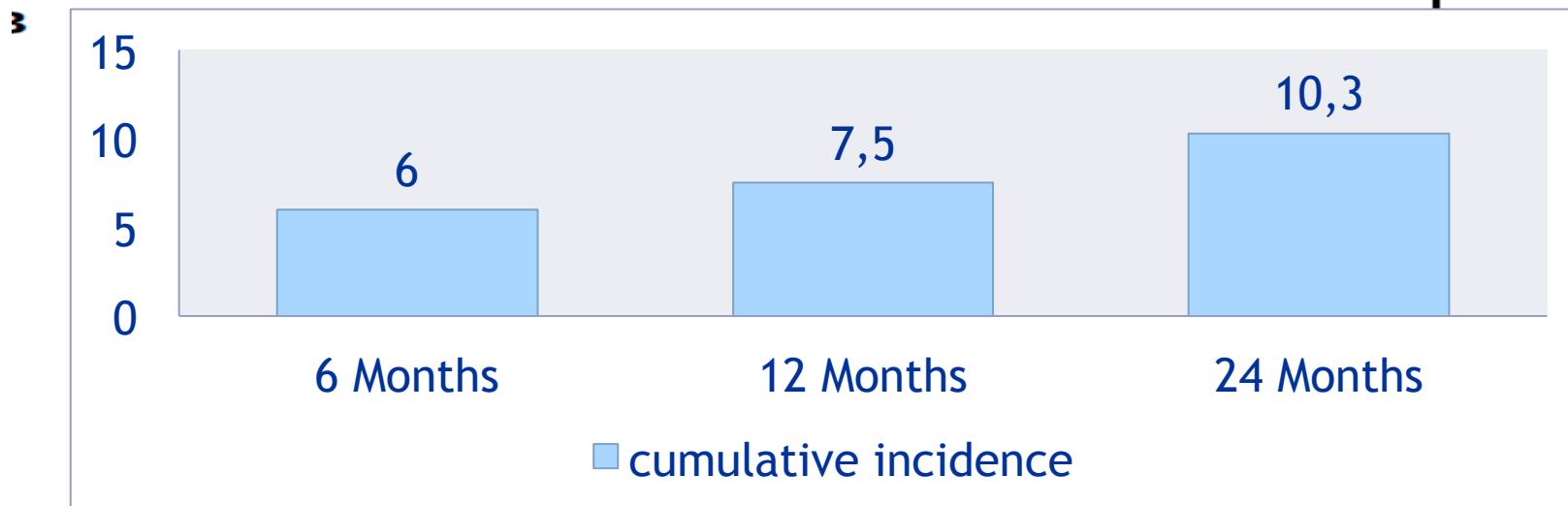




**RR 3.9 (2-7.5) p< 0.001**



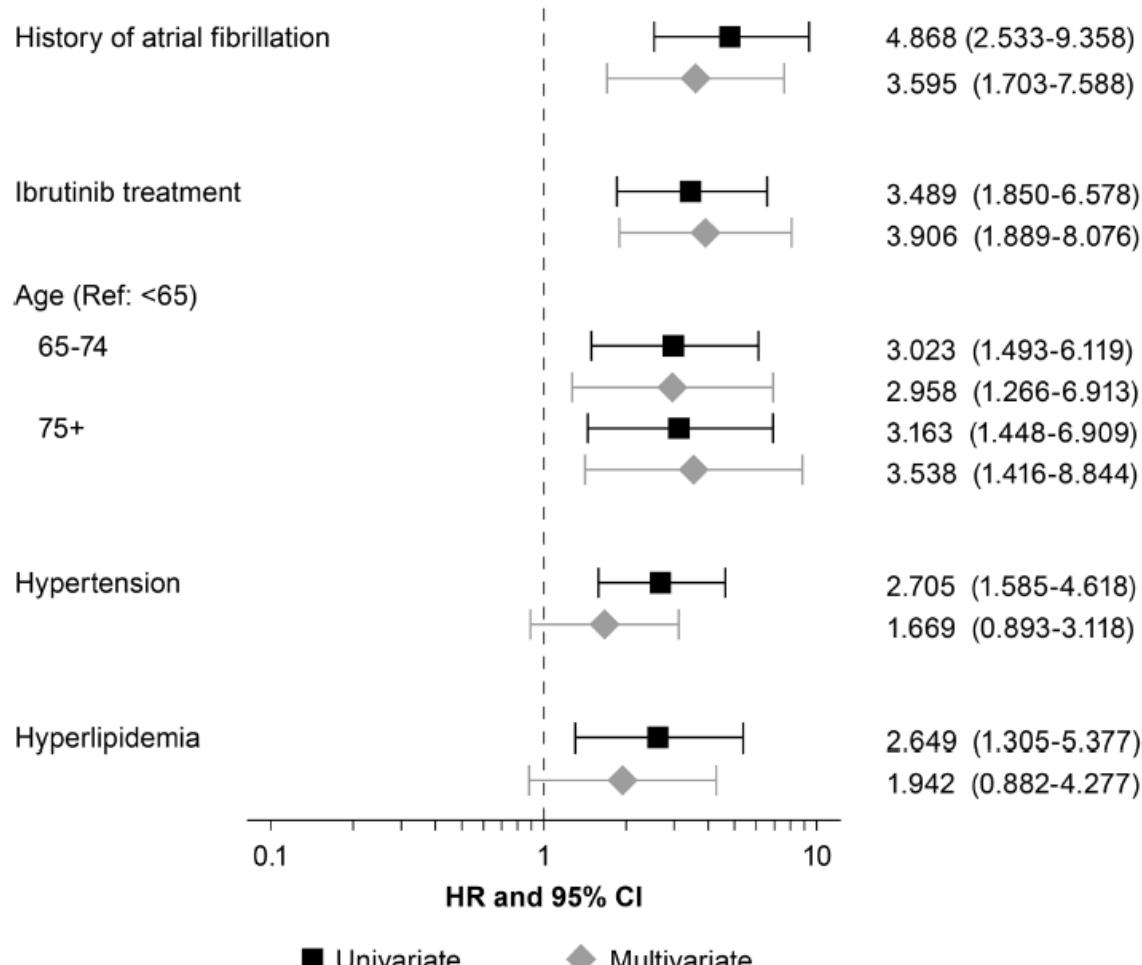
Numbers at risk 582 343 243 123 51 15



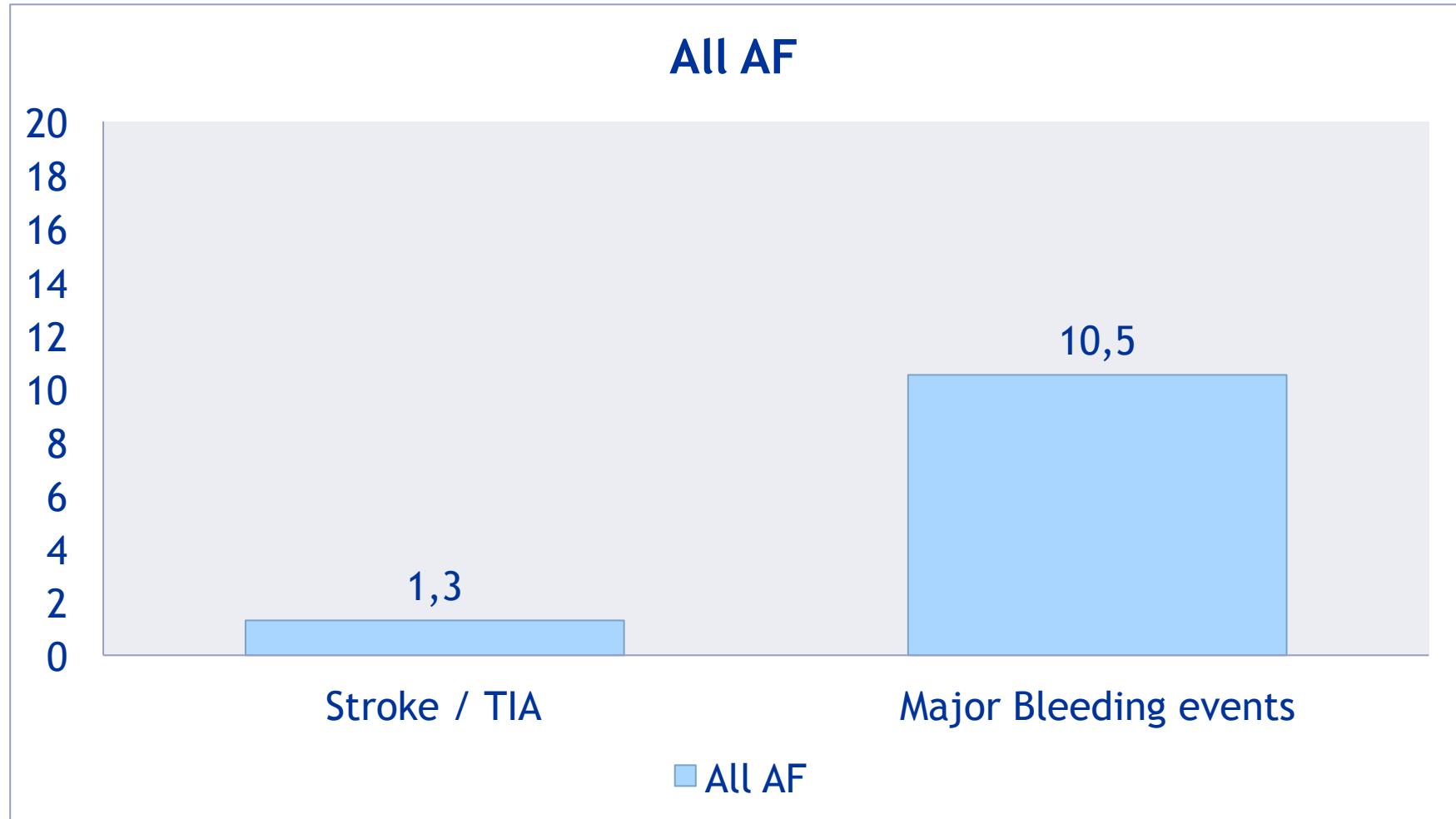
# How to prevent LV systolic dysfunction secondary to chemotherapy?

## Characterization of atrial fibrillation adverse events reported in ibrutinib randomized controlled registration trials

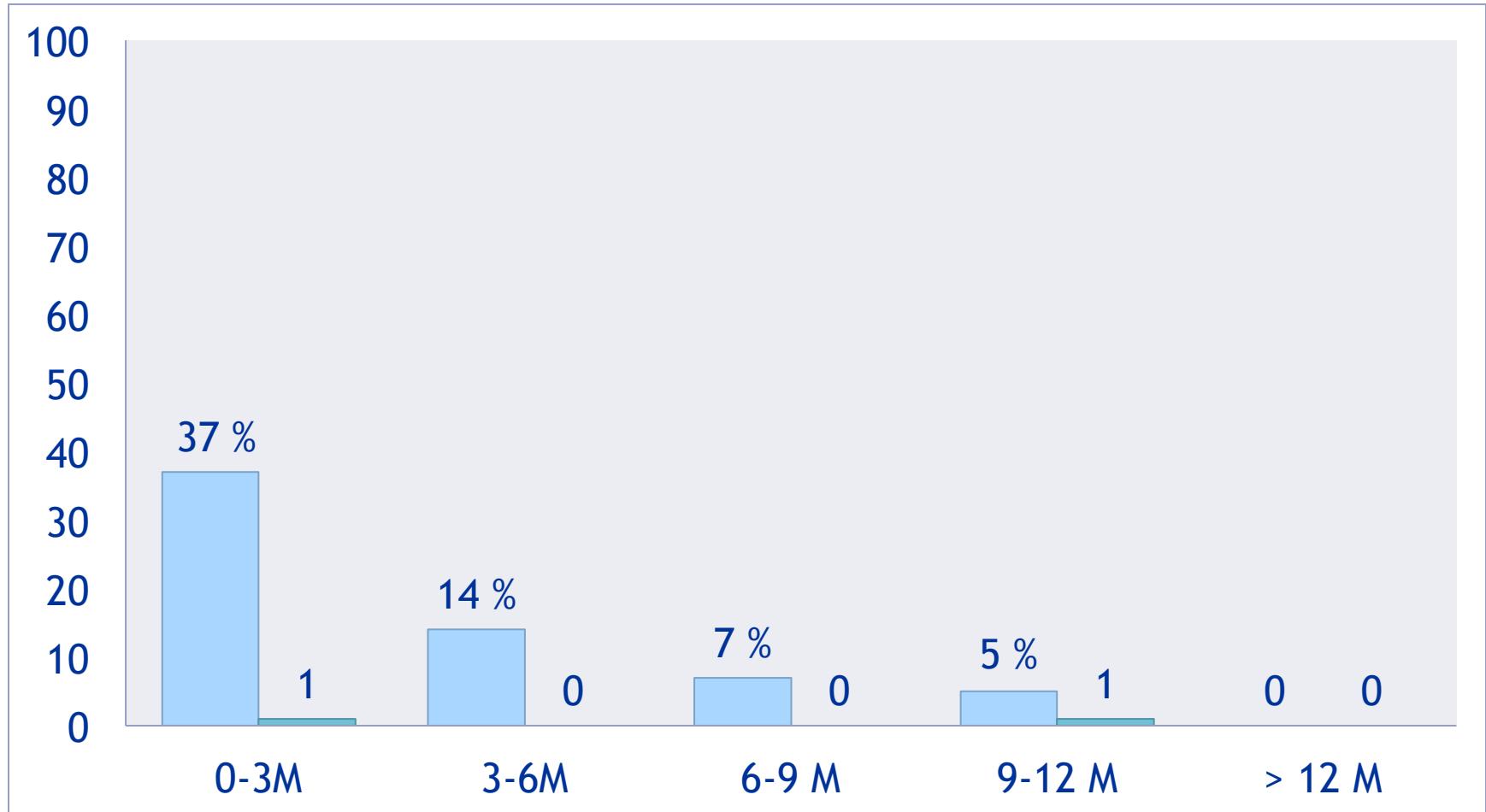
### Significant factors for development of AF



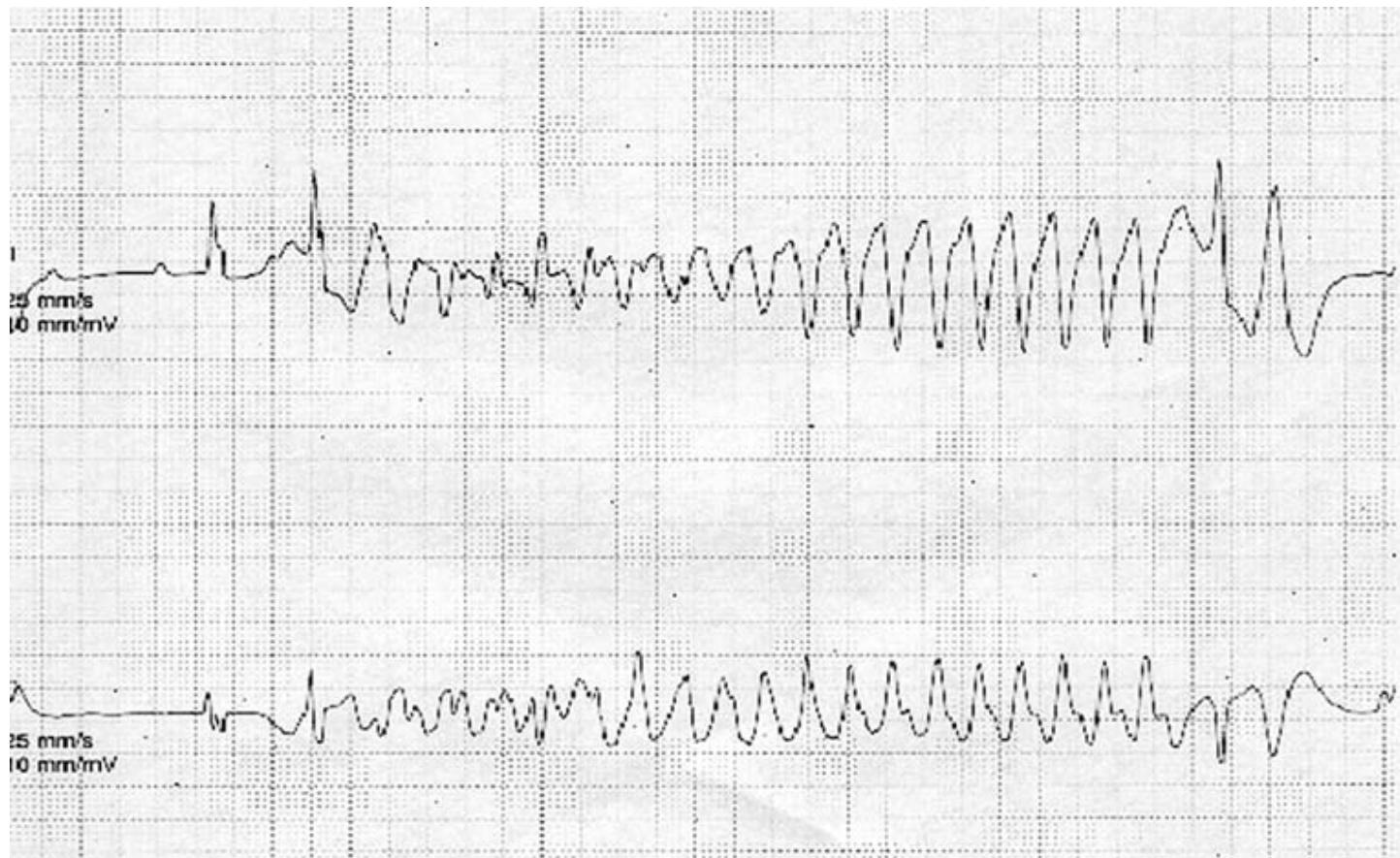
## Cumulative incidence, risk factors, and management of atrial fibrillation in patients receiving ibrutinib



## Incidence and risk factors of bleeding-related adverse events in patients with chronic lymphocytic leukemia treated with ibrutinib



# Torsades de pointes - ECG



Feature	Formula
Bazett	$QTc = QT(\text{HR}/60)^{1/2}$
Fridericia	$QTc = QT(\text{HR}/60)^{1/3}$
Framingham	$QTc = QT + 0,154 \cdot (1 - RR)$
Hodges	$QT + 105(1/RR - 1)$

# Facteurs associés à une prolongation du QT

## Cause

Congénital : Syndrome du QT long

Cardiopathie : HVG, Dysfonction VG, cardiopathie ischémique, Trouble conductif

Métabolique : HypoK+, HypoMG, HypoCA+, Hypothyroïdie

Psychotropes : amitriptyline, haloperidol

Antibiotiques : Clarithromycin, Quinilone

Antihistaminiques : Terfenadine

Autre : Domperidone, Cisapride, droperidol, Tacrolimus , Tamox  
5 hydroxy tryptamine antagonist

Initiation traitement

Examen clinique : Asymptomatique ?

HTA ?, ICA ?, DT ?

Ordonnance ?

Inhibiteur CYP3A4 ?

ECG : QT m / QTc F

metabolisme : K+ / Mg 2+ Fonction hépatique



Suivi

Examen clinique : Asymptomatique ?

ECG : D7, périodique, après changement dose  
surveillance K+ / Mg 2 +



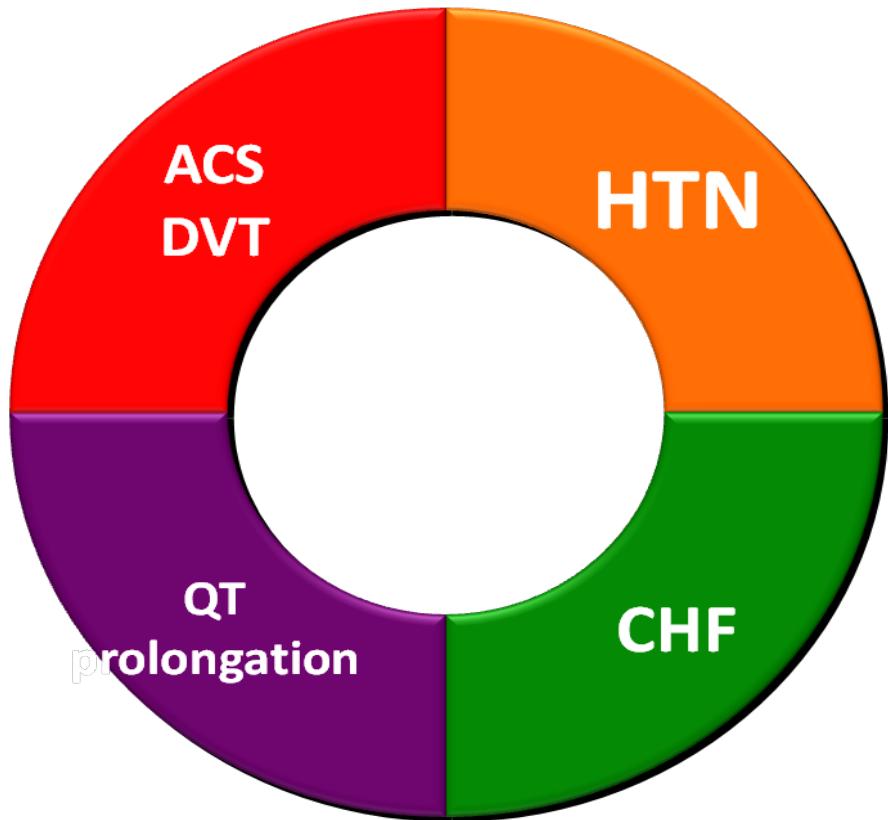
Stop Nilotinib

Si Symptomatique

If QTc > 450 msec

# Prise en charge

QTcF	Posologie Nilotinib	Action
> 480 msec	Stop Nilotinib	Vérifier et corriger K <sup>+</sup> , Mg <sup>2+</sup> Vérifier interaction médicamenteuse Vérifier Interaction CYP
< 450 msec	Reprendre Nilotinib Dose Initiale	ECG a chaque changement de dose
Si 450 < QTcF < 480 msec	Diminuer Posologie 400 mg/j	ECG a chaque changement de dose

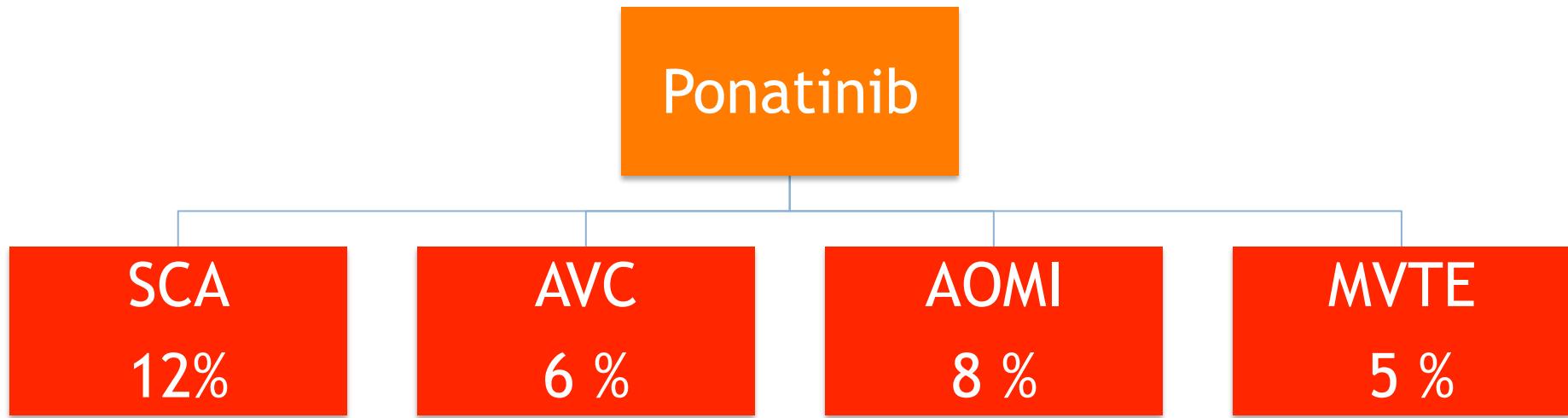


Peripheral Artery  
disease

Long-term benefits and risks of frontline nilotinib vs imatinib for chronic myeloid leukemia in chronic phase: 5-year update of the randomized ENESTnd trial

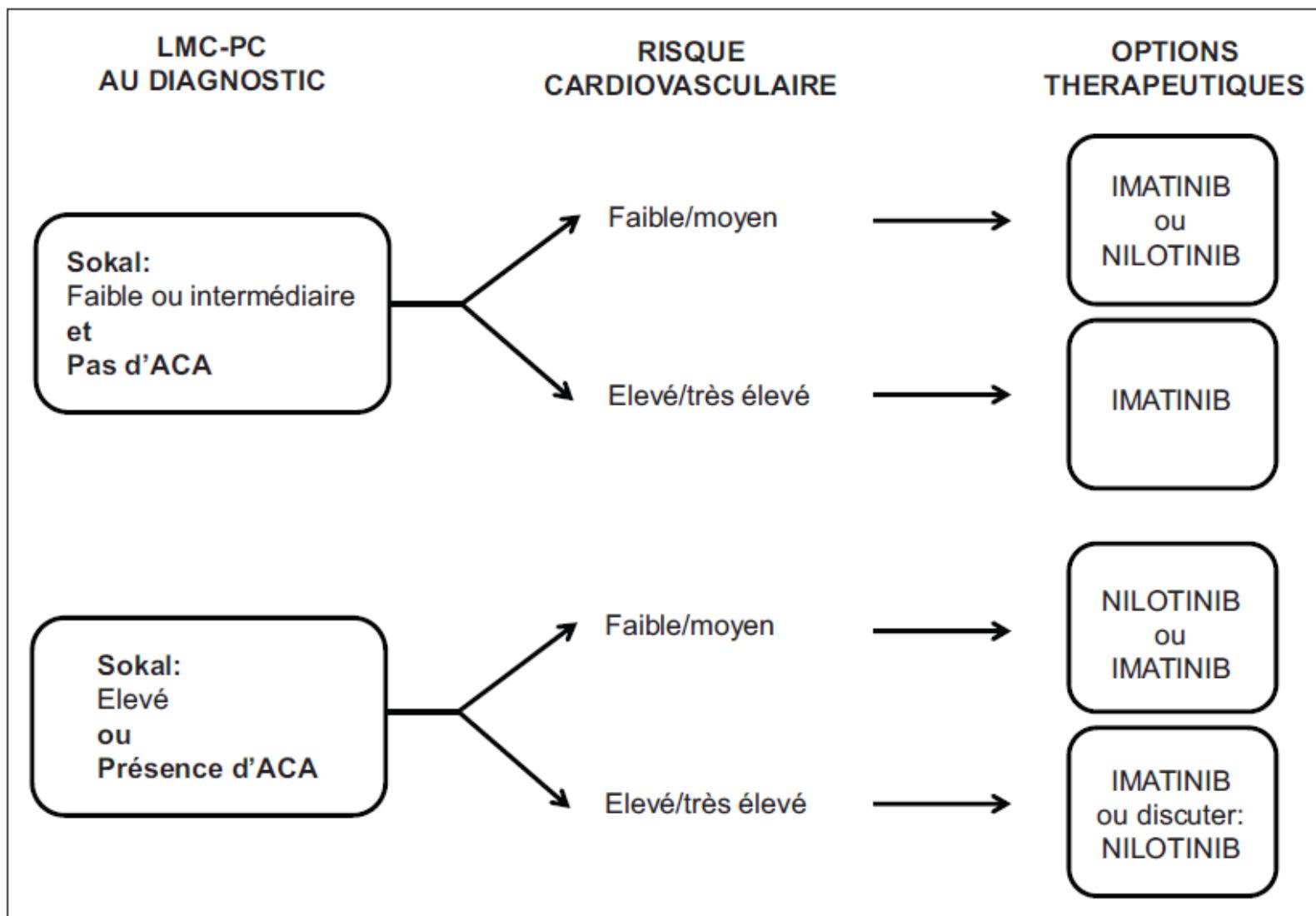
	Nilotinib 300 mg x 2 N=279 N(%)		Nilotinib 400 mg x 2 N=277 N(%)		Imatinib 400 mg N=280 N(%)	
	Any grade	Grade 3/4	Any grade	Grade 3/4	Any grade	Grade 3/4
HTN	29 (10,4)	4 (1,4)	23 (8,3)	3 (1,1)	12 (4,3)	1 (0,4)
Symp QTc prolongation	5 (1,8)	2 (0,7)	7 (2,5)	2 (0,7)	8 (2,9)	4 (1,4)
Ischemic heart disease	11 (3,9)	6 (2,2)	24 (8,7)	17 (6,1)	5 (1,8)	4 (1,4)
Cardiovascular events	4 (1,4)	3 (1,1)	9 (3,2)	6 (2,2)	1 (0,4)	1 (0,4)
Peripheral artery disease	7 (2,5)	4 (1,4)	7 (2,5)	3 (1,1)	0	0

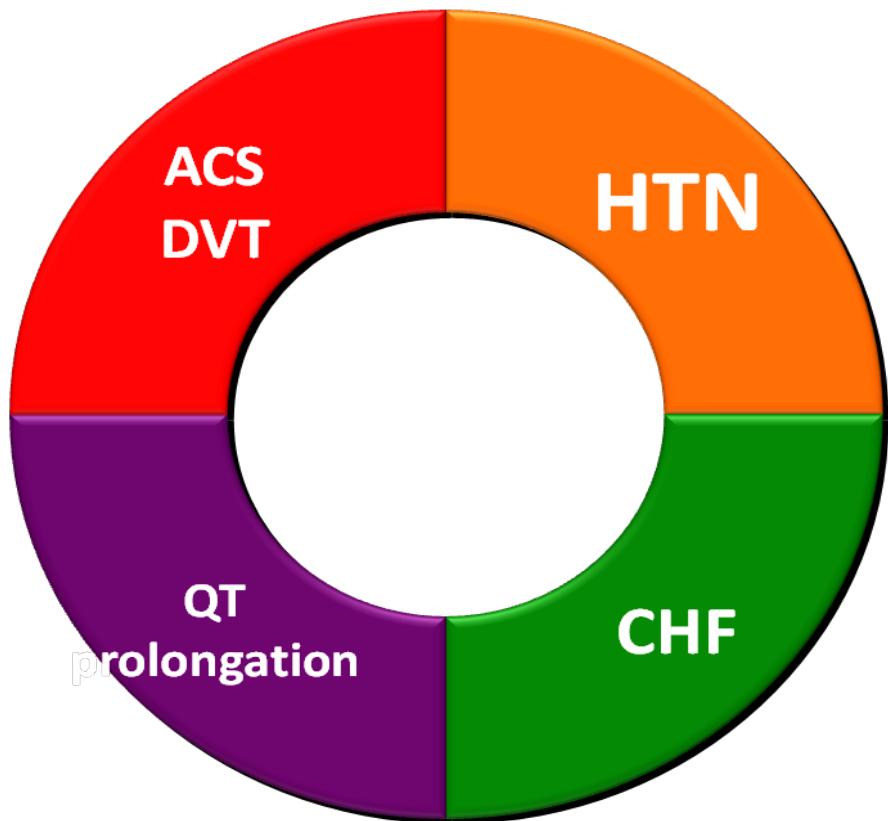
# Ponatinib et évènement cardiovasculaire



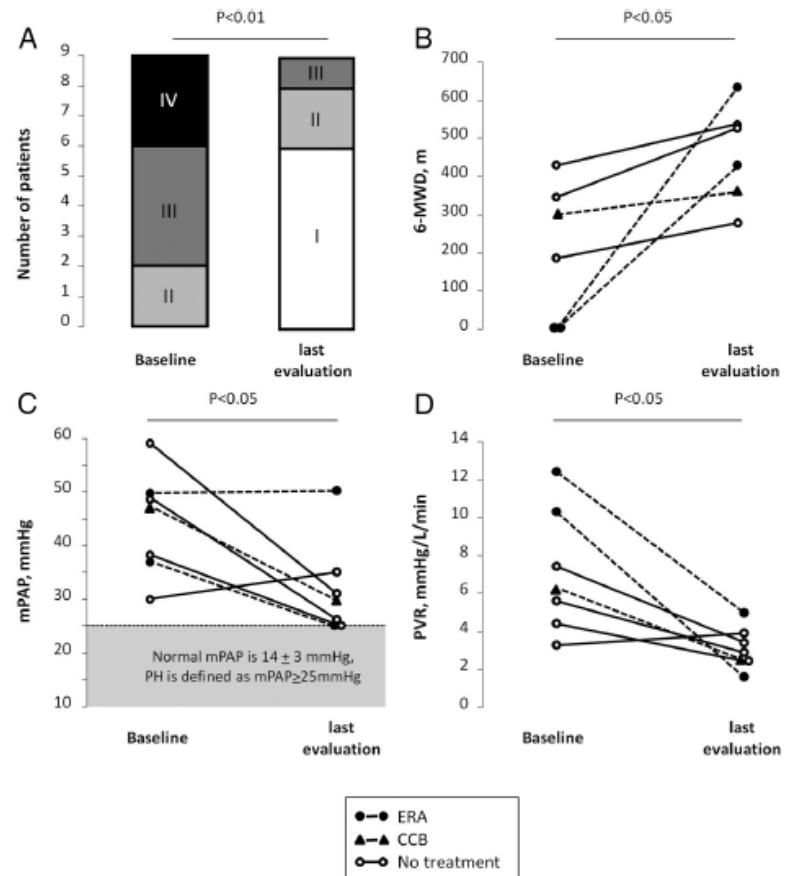
### Classification ESC 2012 du risque de mortalité cardiovasculaire globale à 10 ans

Groupe de risque	Au moins 1 des items suivants
Très élevé	Maladie cardiovasculaire documentée Infarctus du myocarde Syndrome coronarien Accident vasculaire cérébral ischémique Artériopathie périphérique Revascularisation artérielle Diabète avec au moins 1 autre facteur de risque cardiovasculaire majeur ou atteinte microvasculaire Insuffisance rénale chronique sévère SCORE <sup>a</sup> $\geq 10\%$
Élevé	Un facteur de risque majeur très élevé (HTA sévère, dyslipidémie familiale) Diabète sans autre facteur de risque cardiovasculaire majeur et sans atteinte microvasculaire Insuffisance rénale chronique modérée SCORE <sup>a</sup> $\geq 5\% \text{ et } \leq 10\%$
Moyen	SCORE <sup>a</sup> $\geq 1\% \text{ et } \leq 5\%$
Faible	SCORE <sup>a</sup> $\leq 1\%$





Pulmonary  
Hypertension



1- Anthracycline :  
Stratégie de dépistage et de prévention

2- Thérapies moléculaires ciblées :  
Réversibilité, Modulation de la posologie

3- Toxicités émergentes : AOMI, HTP

**Global longitudinal strain at low-dose anthracyclines chemotherapy,  
for the prediction of subsequent cardiotoxicity**

Parameters	AUC	95 % CI
GLS V1	0,76	0,58- 0,88
GLS V2	0,82	0,52-0,99
Ab GLS	0,72	0,45-0,92
Δ GLS	0,74	0,48-0,94
LVEF V2	0,70	0,51-0,85

GLS V2 : - 17,45 after 150 mg/m<sup>2</sup>

Charbonnel, Eur Heart J Cardiovasc Imaging 2017 Jan 6. [Epub ahead of print]

## Global Longitudinal Strain as a predictor of cardiotoxicity Absolute value of GLS

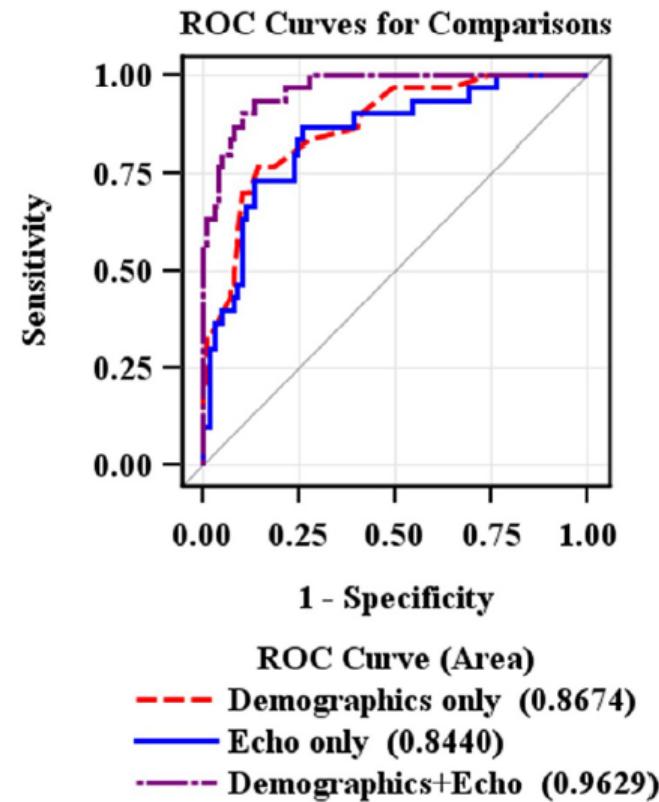
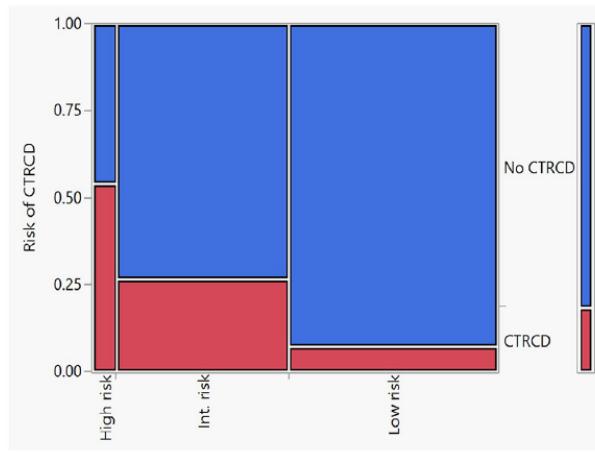
Author	Pts	Definition of cardiotoxicity	CT rate	Echo	Threshold
Charbonnel	48 ± 10, 86 NHL, A+ R 15 %	↓ LVEF > 10 u to < 53 %	7 % 266 mg	150 mg/m	>-17,45%, GE Se 67 %, Sp 97 %
Sawaya	50± 10 , 81 BC A+T+R 60 %	↓ LVEF ≥5% to < 55% +S Or ↓ LVEF ≥10 % to < 55%	32 % 240 mg	3 M	> -19%, GE Se 74% Sp 73 %
Negishi	50± 11 81 BC, A+T+R 62 %	↓ LVEF ≥10 %	30 % 240 mg	6 M	> -20,5 %, GE Se 96% Sp 66 %

Adapted from Charbonnel, Eur Heart J Cardiovasc Imaging 2017 Jan 6. [Epub ahead of print]  
 And Thavendiranathan J Am Coll Cardiol 2014; 25: 2571-68

## Global Longitudinal Strain as a predictor of cardiotoxicity Relative reduction in GLS

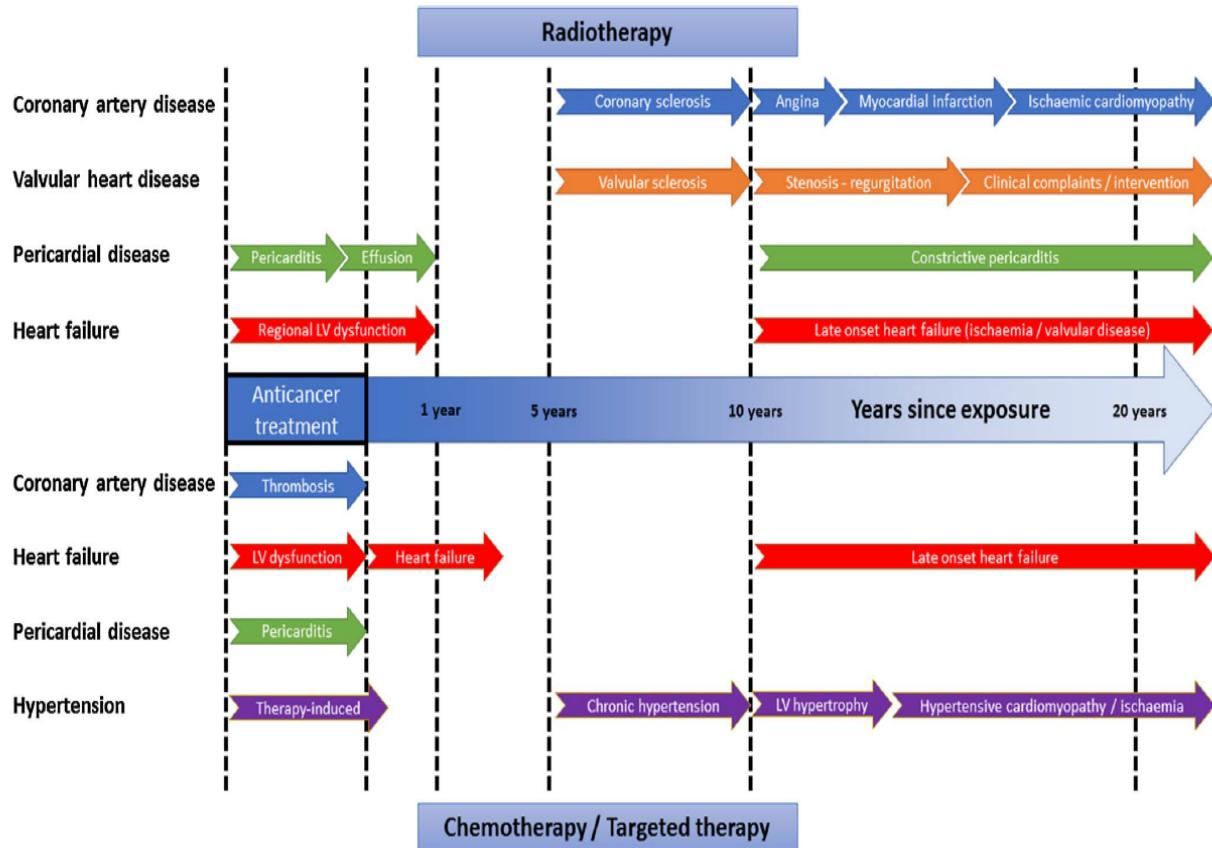
Author	Pts	Definition of cardiotoxicity	CT rate	Ech o	Threshold
Fallah	47± 9 42 BC, A+T+R 97 %	↓ LVEF ≥ 10 % to < 55% +S	24 % 240mg/m	3 M	Δ 10,1 %, GE Se 79%, Sp 82 %
Negishi	50 ± 11 81 BC, A+T+R 62	↓ LVEF ≥ 10 %	30 % 240mg/m	6 M	Δ 11 %, GE Se 65 % Sp 94 %
Sawaya	47± 9 49 BC ,A+T+R 12 %	↓ LVEF ≥5% to < 55% +S Or ↓ LVEF ≥10 % to < 55%	21 % 240mg/m	3 M	Δ 10 %, GE Se 86 %, Sp 86 %
Baratta	47 ± 16 36 B/H ,A+T+R 0 %	↓ LVEF ≥5% to < 55% +S Or ↓ LVEF ≥10 % to < 55%	19,4 % 139mg/m <sup>2</sup>	3 M	Δ 15 %, GE Se 86 %, Sp 86 %
Mornos	51 ± 11 74 B/H ,A+ R 0 %	↓ LVEF ≥5% to < 55% +S Or ↓ LVEF ≥10 % to < 55%	13 % 178mg/m <sup>2</sup>	6 W	Δ 13,1 %, GE Se 79 %, Sp 73 %
Kang	54 ± 14 75 H ,A	↓ LVEF ≥5% to < 55% +S Or ↓ LVEF ≥10 % to < 55%	18,7 % 300mg/m <sup>2</sup>	3 c	Δ 15,9 %, GE Se 86 %, Sp 75 %
Adapted from Charbonnel, Eur Heart J Cardiovasc Imaging 2017 Jan 6. [Epub ahead of print]					
Baratta	47 ± 16 36 B/H ,A+T+R 0 %	↓ LVEF ≥10 % to < 55%	19,4 % 268mg/m <sup>2</sup>	3 c	Δ 9 %, GE Se 84 %, Sp 80 %

Usefulness of Integrating Heart Failure Risk Factors Into Impairment of Global Longitudinal Strain to Predict Anthracycline-Related Cardiac Dysfunction.

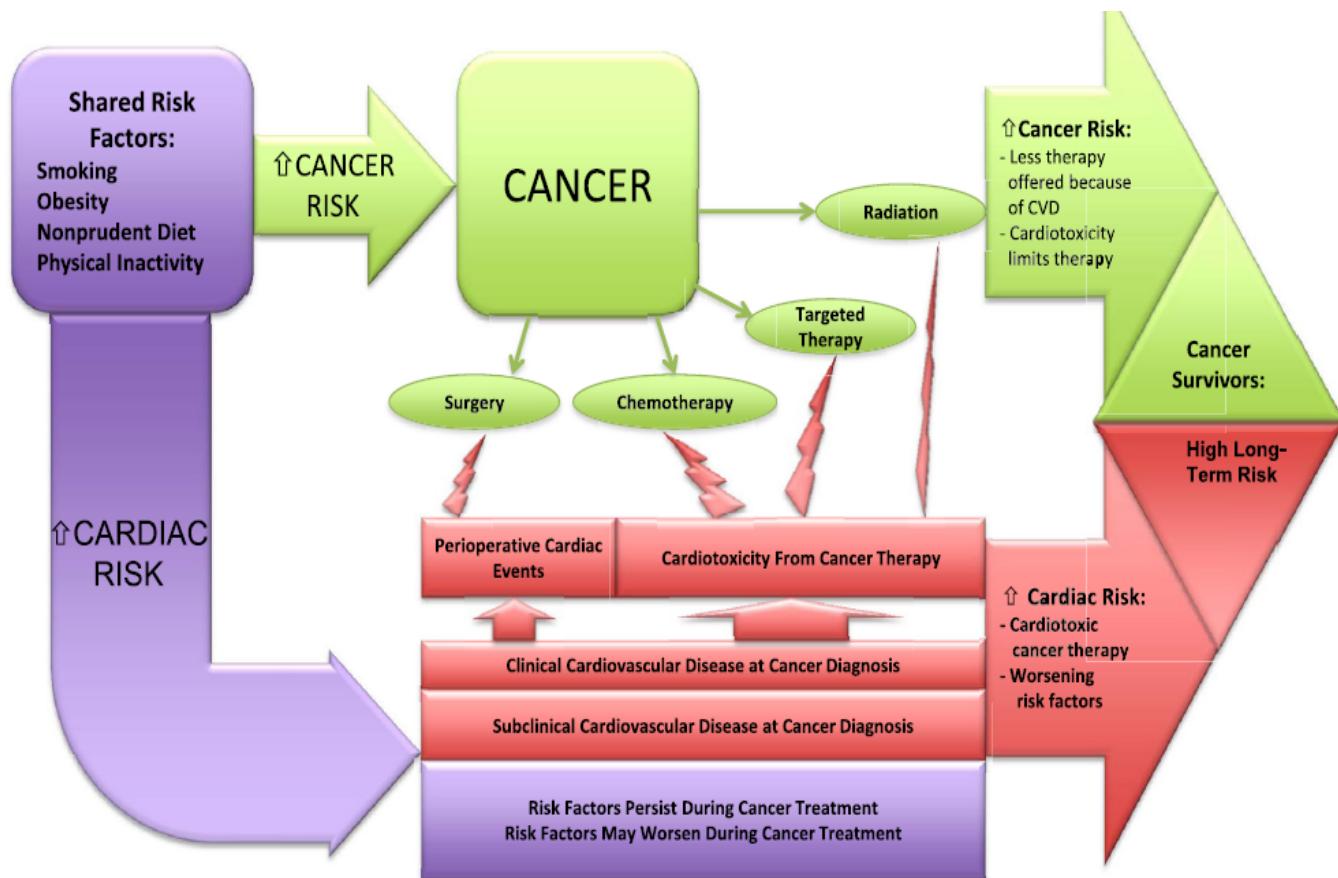


Milks MW, Am J Cardiol. 2018 ;121:867-873.

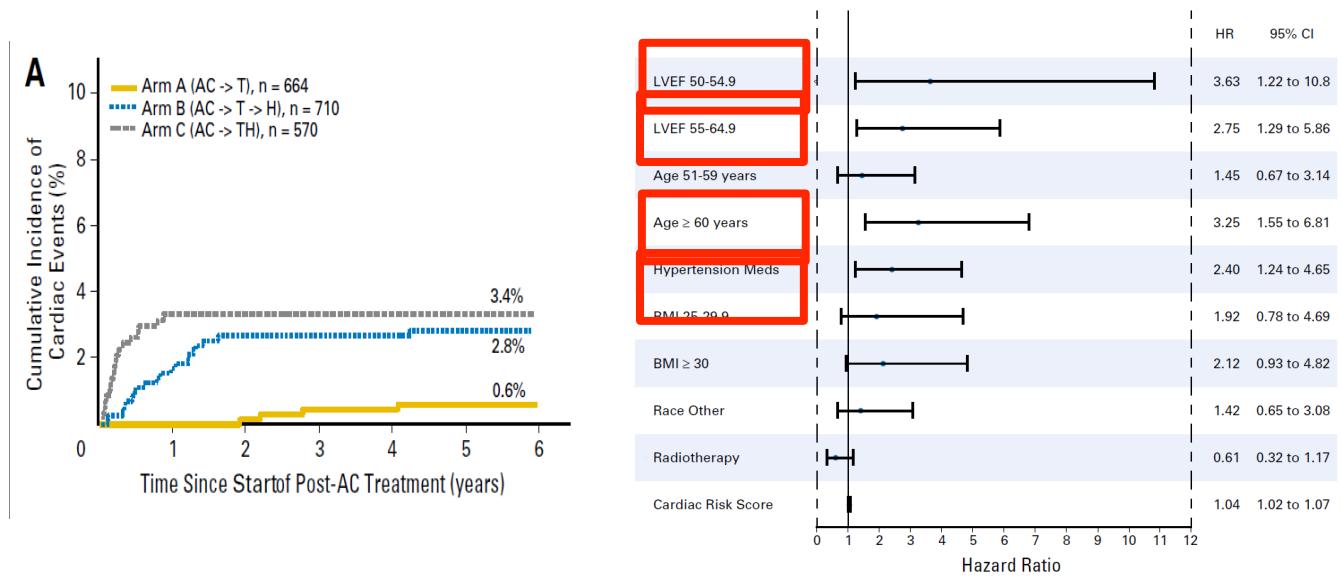
## Long-term cardiovascular health in adult cancer survivors



Naaktgeboren Maturitas 2017 ; 105 : 37–45



## Long-Term Cardiac Safety Analysis of NCCTG N9831 (Alliance) Adjuvant Trastuzumab Trial



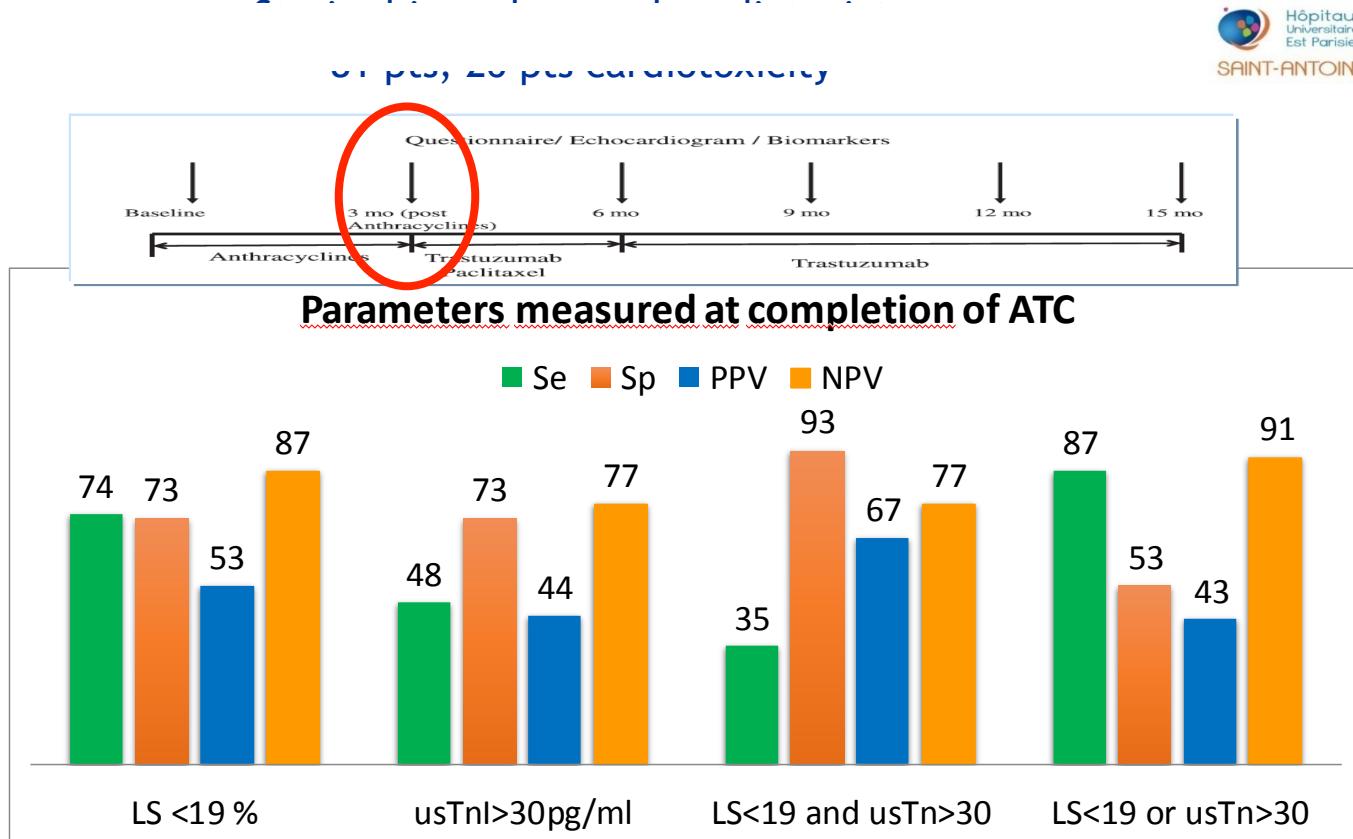
*Advani J Clin Oncol 2015 ; 34:581-587*

### Cumulative Incidence of heart failure or cardiomyopathy during first 3 years after diagnosis by cancer therapy

	All cancer	ATC + TZM	ATC	TZM	Other Chemotherapy	None
1 year	7.5 %	22 %	9.8 %	16.7 %	8.4 %	7 %
2 years	13.3 %	33.2 %	15.3 %	23.2 %	13.7 %	12.8 %
3 years	18.7 %	41.9 %	20.2 %	32.1 %	19.2 %	18.1 %

HF or CM are common complications after trastuzumab therapy for older women, with higher rates than those reported from clinical trials.

*Chen J Am Coll Cardiol 2012 ; 60 : 2504 - 12*



**Longitudinal strain < 19 % remained the only independent predictor of cardiotoxicity in multivariate analysis**

Peak systolic longitudinal strain was calculated by averaging the values of peak systolic strain in the basal and midventricular segments of the 4- and 2-chamber views

Sawaya Circ Cardiovasc Imaging. 2012;5:596-603